

2019 Camano Crab Dash 5K/10K Fun Run/Walk

Participant #1

Last Name: _____ First Name: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Contact Phone: _____ Age on race day: _____ Male/Female: _____ L _____ XL
Purchase t-shirt (circle one) YES NO t-shirt size (circle one): YL S M L XL

E-mail address: _____ Check choice of race length: 5K 10K

*******(this next section is for additional family members)*******

Participant #2—each additional participant needs a separate Mandatory Waiver and Release (find on www.camanocenter.org)
Last Name: _____ First Name: _____

Age on race day: _____ Male/Female: _____ Check choice of race length: 5K 10K
Purchase t-shirt (circle one) YES NO t-shirt size (circle one): YL S M L XL

Participant #3- each additional participant needs a separate Mandatory Waiver and Release (find on www.camanocenter.org)
Last Name: _____ First Name: _____

Age on race day: _____ Male/Female: _____ Check choice of race length: 5K 10K
Purchase t-shirt (circle one) YES NO t-shirt size (circle one): YL S M L XL

Participant #4—each additional participant needs a separate Mandatory Waiver and Release (find on www.camanocenter.org)
Last Name: _____ First Name: _____

Age on race day: _____ Male/Female: _____ Check choice of race length: 5K 10K
Purchase t-shirt (circle one) YES NO t-shirt size (circle one): YL S M L XL

Individual entry fees go up to \$25 Race Day!

Run only—\$20 Run with Shirt—\$35

Family Run—\$50 (no shirts included)

Up to 4 family members

Kids 8 and under are FREE

Entry fee is non-refundable and non-transferable

_____ X \$ 15.00 = \$ _____
Shift Qty. T-SHIRT TOTAL

\$ _____ \$ _____
RUN TOTAL + T-SHIRT TOTAL = TOTAL DUE

Card # _____ Exp. Date: _____
CID 3 digit # on back of card: _____
Print Name: _____
Mail application to: **For more info:**
Camano Center Karen Conway
606 Arrowhead Rd. 360-387-0222
Camano Island, WA 98282 www.camanocenter.org

Camano Crab Dash 2019 Mandatory Waiver & Release:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree and abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather including high heat, and/or humidity, traffic and the conditions of the road, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Camano Center and all of the sponsors and suppliers and all representatives and successors of the foregoing from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I have read the attached announcement, agree to be bound by its provisions including, but not limited to the non-refundability and non-transferability of the entry fee, and certify that the information filled into this form is true and correct. A parent or legal guardian signing for a participant under 18 years of age further agrees as follows: I certify that my child has permission to compete in this event, is in good physical condition, and that event officials may authorize necessary emergency treatment.

Signature of Participant

Signature of Parent or Legal Guardian if under 18

Date