

# VOLUNTEER IMPACT 2024 Camano Center Get connected.



## 2024/2025 BOARD OF DIRECTORS

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#### **VISION**

A community where older adults are empowered to live their lives to their fullest potential.

#### **MISSION**

Create and provide opportunities that support healthy aging, independence, and well-being for older adults in our community.

#### **VALUES**

We behave with compassion, respect, and integrity. We foster an environment of inclusion and continuous growth. We act with a heart of service.

## EMPOWERING COMMUNITY THROUGH VOLUNTEERISM



As we reflect on the past year at the Camano Center, it is abundantly clear that volunteers are the heart of our community. Their dedication, kindness, and ingenuity have allowed us to meet the increasing demand for services and programs. But more than that, our volunteers are weaving a stronger, more connected community—one where neighbors support one another, and everyone has a chance to thrive.

In 2024, volunteers contributed over 20,318 hours of their time and talents. These hours are more than a measure of effort; they represent lives touched, challenges overcome, and relationships built. Whether it is assisting in our award-winning 2nd Chance Thrift Shop, delivering Meals on providing Medical Wheels, or Transportation rides, volunteers have shown how small actions ripple outward to create a wave of connection and support

#### **Strengthening Through Service**

Our volunteers play a vital role in offering nutrition services, including inperson lunches and meal deliveries. only These programs not provide also sustenance but create opportunities for fellowship community. Likewise, our lending library -featuring books, puzzles, and DVDs-is lovingly maintained by volunteers who residents have ensure access to resources that inspire and entertain.

Volunteers also provide one-on-one training and support on subjects relevant the needing to clients assistance. Whether helping someone navigate a smartphone or empowering them to use a laptop, these personalized interactions make а meaningful difference in daily life.

#### **Opportunities for Connection in 2025**

Looking ahead, we are excited to offer a new program, Powerful Tools for Caregivers, thanks to the dedication of volunteers who have trained to teach this vital class. This program will equip caregivers with the tools and support they need to balance caregiving with self-care, strengthening families and improving outcomes for both caregivers and their loved ones.

Camano The C.A.R.E.S. (Community Assistance Referral & Education Services) Program exemplifies the power partnership and forward-thinking. We are currently recruiting volunteers to help fulfill one piece of this program by assisting with small but impactful household tasks on an as needed basis. These acts of service will enable older residents to live safely and independently.

#### **Meeting the Growing Needs**

As Camano Island continues to be a soughtafter place to retire, we've seen a rise in demand for supportive services. With the median age of our residents increasing, volunteers have stepped up to fill critical gaps. Perhaps most importantly, they provide the human connection and friendship that are so essential to wellbeing.

#### A Call to Action

As we celebrate the incredible achievements of the past year, we also look to the future with hope and determination. We invite everyone to join us in building an even stronger community. Together, we can continue to create a vibrant, supportive, and connected community for all. Thank you for all of your incredible work in 2024 and we look forward to more amazing achievements in 2025.

Lisa Brents Volunteer Services Manager

## **2024 HIGHLIGHTS**

#### **Growing Numbers Growing Impact**

In 2024, volunteerism at the Camano Center reached new heights, with 28,318 total volunteer hours contributed by 287 active volunteers, including 69 newcomers. This significantly increased from the 25,137 hours and 251 volunteers recorded last year. Our volunteer team, made up of 76% females and 24% males, continues to grow not only in numbers but in impact.

With 147 volunteers additionally supporting the Center by becoming members, their commitment allows us to expand programs and services, meeting the community's evolving needs. Simply put, when volunteers say "yes," our entire community thrives.



Active Volunteers in 2024
 Total Volunteer Hours Served Throughout Our Organization
 Monitary Value of Volunteer Hours
 Volunteers Who Additionally Support Through Membership
 Volunteers Additionally Financially Donated \$77,878
 New Volunteers Placed During 2024

## **2024 EVENTS**

#### Where Community and Volunteerism Meet

The success of our 2024 events is a testament to the dedication and enthusiasm of our volunteers. With six events raising \$341,500 in revenue, these occasions brought the community together and demonstrated the impact of collective effort. Thanks to refined processes, we required fewer volunteer hours than in previous years while maintaining smooth and engaging events. Volunteering for events remains a popular choice, offering a fun, social environment with the flexibility of a one-time commitment. Every event was met with eager attendees, often lining up early, highlighting how much our community values being part of the Center's offerings. Volunteers are at the heart of this success. and their contributions continue to enhance the Center's mission.



Barbie BINGO

55+ Resource Fair

Spaghetti Feed Fundraiser

**Everything Christmas Sale** 

Gala Auction

Holiday Craft Bazaar & Bake Sale

12 volunteers 26 volunteer hours

16 volunteers 39 volunteer hours

2 volunteers 4 volunteer hours

65 volunteers 133 volunteer hours

56 volunteers 254 volunteer hours

5 volunteers 30 volunteer hours

plus many additional volunteer bakers and their time



## VOLUNTEER MEDICAL TRANSPORATION OVERVIEW

In 2024, our volunteer medical drivers went the extra mile—literally—driving 25,823 miles to ensure 84 clients and additional Medicaid clients, could access vital medical care. The demand for ride assistance continues to grow, reflecting the increasing reliance on this essential service. Since 2021, when we served 63 clients, the program has expanded significantly, both in scope and impact, demonstrating the program's ongoing success and its importance in addressing transportation gaps for older adults and people with mobility issues.

#### **PROGRAM MILESTONES**

Number of Current Volunteers

**1,155** Number of Volunteer Hours

749 Number of Trips Provided25,823 Number of Miles Driven

33%
Increase in riders from 2021 -present

133%
Increase in rides from 2021 to 2024





### NUTRITION PROGRAM OVERVIEW

In 2024, our nutrition volunteers made a profound difference in the lives of those we serve. Whether preparing and serving meals in the dining room, delivering food to homebound clients, or managing recycling and trash, their dedication ensured that everyone in our community had access to healthy meals and vital connections. Thanks to their efforts, we saw continued growth in both in-person dining and meal deliveries, reflecting our volunteers' commitment to supporting those in need.

#### **PROGRAM MILESTONES**

10,679

Meals on Wheels Deliveries

3695

In Person Meals Served

In-Person meal attendance has doubled since 2022



47

Number of Volunteers

1,975

Number of Volunteer Hours

Meals on Wheels driver mileage surpassed 11,250 miles on Camano Island serving the north, central and south end.







## **OLD FRIENDS CLUB**

#### Volunteer Power Driving Success

Since its inception in July 2023, the Club has grown from a modest gathering of 6 members and 7 volunteers to a twice weekly program serving 15 members and supported by 22 dedicated volunteers alongside rotating guest musicians. This remarkable expansion was made possible through the dedication of our volunteers.

#### **PROGRAM MILESTONES**

3,203 Volunteer Hours in 2024

Volunteer Hours in 2023

429%
Increase in Volunteer
Hours between July
2023 to present



#### Voices of Gratitude

"I cannot express the gratitude I have for the lovefilled care you give to my spouse and all the OFC members. You make it possible to better see the dignity, beauty, purpose, and kindness in my loved one as he walks this most difficult path."

Increase from 1 day to 2 days per week at full member capacity with a wait list



## SUSTAINED BY COMMITMENT

Programs, Services, and Events Driven by Volunteers

#### **PROGRAMS & SERVICES**

Front Desk Hospitality
Morning Phone Call Program
Foot Clinic
Garden & Landscape
Sharing is Caring
Aging Mastery
Old Friends Club
Meals on Wheels



Library
Recycling Support
2nd Chance Thrift Shop
Outreach & Community Distribution
Center Decoration Support
Musicians
Dementia Friends
Holiday Card Support
Friendship Tea
Computer Training and Tech Support
Medical Transportation
Community Congregant Lunches
Board & Advisory

#### SET TO LAUNCH IN 2025...

#### **EVENTS**

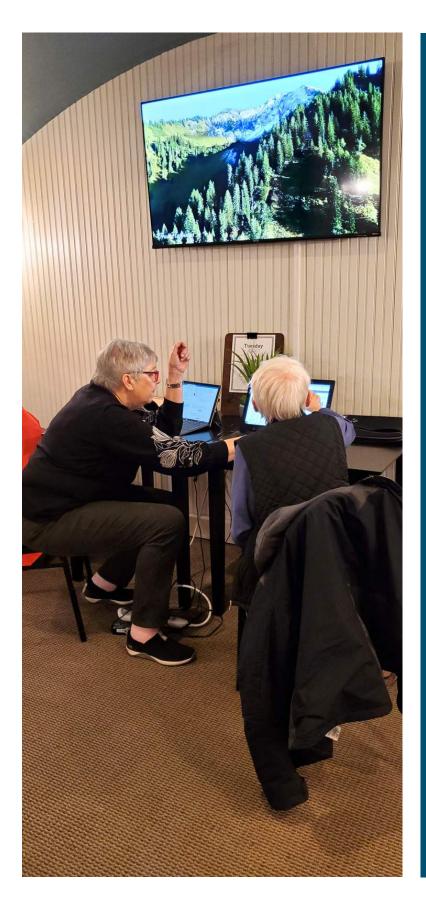
Women's Expo - May 2025 Summer Solstice Craft Bazaar - June 2025

#### **CLASSES & PROGRAMS**

Powerful Tools for Caregivers Class

Camano C.A.R.E.S. - Community Assistance Referral & Education Services

## **OTHER SERVICES**



#### Friendship Tea

396 volunteer hours (plus bakers time)

#### **AARP Tax Assistance**

400 volunteer hours

#### **Tech Teachers**

61 volunteer hours
3 volunteer teachers

#### **Front Desk**

1280 volunteer hours1061 connection phone calls

#### Library

78 volunteer hours

#### **Gardens and Landscaping**

133 volunteer hours -Gardens71 FOCIP volunteer hours -Trail

#### **Foot Clinic**

236 volunteer hours
340 clients served at Camano Center

#### **Aging Mastery Program**

101 volunteer hours
16 volunteers

## **AND PROGRAMS**



Sharing is Caring 36 volunteer hours 2 volunteers

Dementia Friends
20 volunteer hours
2 volunteers

Writing Cards for Community 4 volunteer hours 200 holiday cards

"Thanks so much for all of the volunteer services here at the Camano Center. It is a joy to come here and see a place to be proud of. It is special when I am able to bring friends to functions from other places." -member

"We would have difficulty getting to our appointments without the volunteers. Whenever I tell someone about the Center (medical ride) Program, they can't believe how lucky we are to have such a program. I look forward to the ride and sharing stories - great people and great attitudes to brighten my day." - medical ride client

## VOLUNTEER PARTNERSHIPS

**PFLAG** 

**FOCIP** 

Stanwood High School
Camano Island Garden Club
AARP Foundation
AARP Volunteer Tax Assistance
Camano Fire & Rescue
Village Community Services
Northwest Regional Learning Center
Island Senior Resources
Heritage Bank







## 2ND CHANCE THRIFT SHOP

Shop, Save, and Make a Difference





The 2nd Chance Thrift Shop has had an incredible year, thanks to the dedication of our volunteers. With low turnover, our volunteers form a consistent committed and team, assisting supervisors in ensuring financial growth with integrity and an organized shop where customers love to frequent. Their efforts highlight the vital role the shop plays in supporting our mission.

We are proud to have been recognized as the Best of Stanwood Camano (thrift shop) for two consecutive years—2023 and 2024—a testament to our strong community connection.

"I look forward to coming to the thrift shop every week. The volunteers and staff are so fun and pleasant and make each visit the best. Thank you for all that you do!"

- customer

101

Volunteers

12,565

Volunteer Hours

## A HEARTFELT THANK YOU

To all our volunteers, past and present, thank you for your unwavering dedication, compassion, and hard work. You are the cornerstone of the Camano Center, and your contributions have created lasting impacts on the lives of so many in our community.

Whether you have driven someone to a critical medical appointment, prepared tea, snacks, and provided conversation, tended our gardens, or simply shared a kind word, you have made a difference.

Your service strengthens the fabric of our community and inspires others to join in. Together, we are building a place where everyone feels valued and supported. We couldn't do this without you, and we are profoundly grateful for all that you do.



2nd Chance Thrift Shop 1335Hwy 532 Camano Island, WA 98282 360-629-6142 www.camanocenter.org



Camano Center 606 Arrowhead Road Camano Island, WA 98282 360-387-0222 www.camanocenter.org

