

Camano Center & Camano Sue's Art present:
HOLIDAY CRAFT & GIFT BAZAAR
 Support Our Local Crafters
 Sat. | November 15 | 9AM - 4PM
 Camano Center | 606 Arrowhead Road | Camano Island

Pages 6 & 7



November Highlights

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Behind the scene at 2nd Chance Thrift Shop.

HOURS OF OPERATION

Camano Center

606 Arrowhead Road | Camano Island | WA | 98282

(360) 387-0222

Monday – Friday | 8:00 a.m.—4:00 p.m.

2nd Chance Thrift Shop

1335 State Route 532 | Camano Island | WA | 98282

(360) 629-6142

Shopping

Wednesday through Saturday

10:00 a.m. to 4:00 p.m.

Donations Accepted

Thursday through Saturday (No Wednesdays)

10:00 a.m. to 4:00 p.m.



CamanoCenter
Get connected.

camanocenter.org

Board of Directors

Lary Carlstrom | President

Paul Foster | Vice-President

Judith Shoudy | Treasurer

Jeff Highland | Secretary

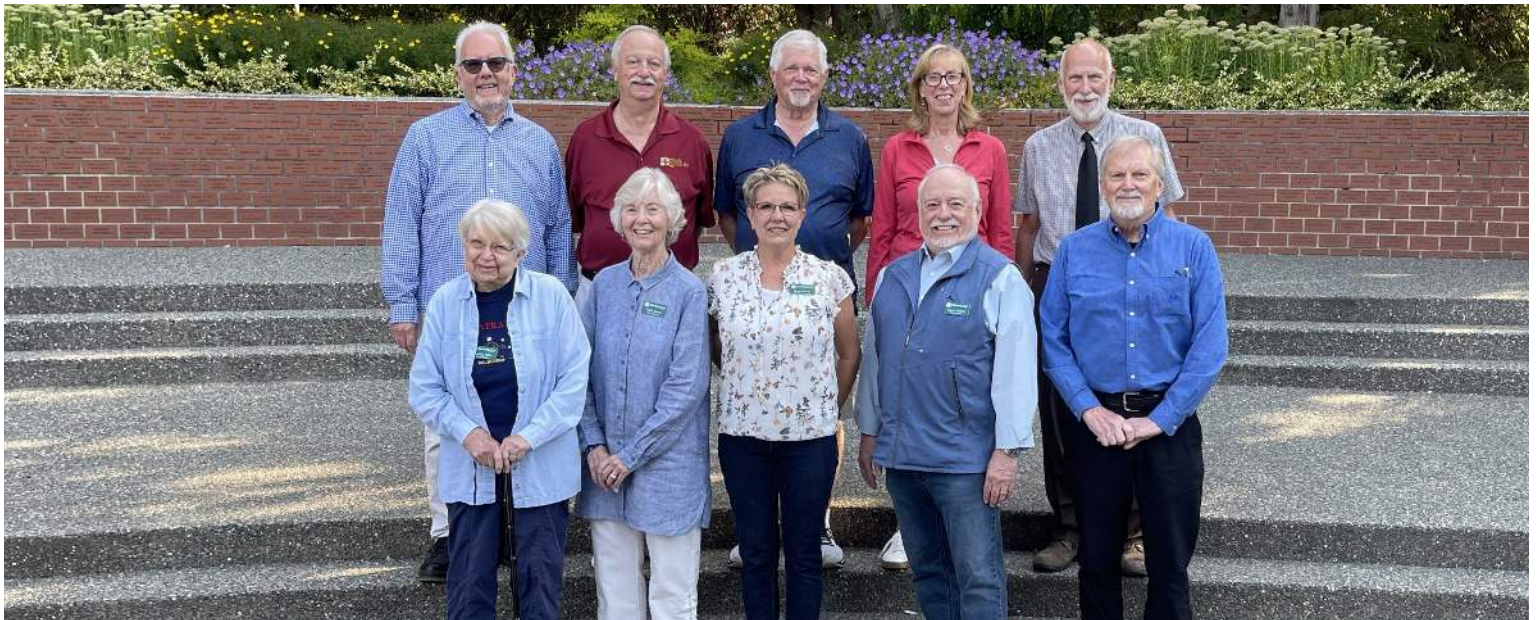
Ken Johnson

Kelly Kraus

Darlene Miller

Michal Scott

Dale Wagner



CAMANO CONNECTIONS

Camano Connections is published monthly by Camano Senior Services Association, a 501(c)(3) registered organization located at 606 Arrowhead Road, Camano Island Washington 98282. Opinions or issues presented do not necessarily represent an endorsement by Camano Senior Services Association. There is no implied or actual endorsement of any of the advertisers appearing in this newsletter.

Camano Connections is funded by membership dues, advertising revenues and other fundraising efforts.



Executive Director Report for Board of Directors

October 2025



Upcoming Events/Happenings for 2025/2026:

11/15 Holiday Craft Bazaar
12/2 Giving Tuesday
3/14 55+ Resource Fair

Past 30 Days:

- The 19th Auction Gala was a great success. Final numbers after all the expenses and payments are in are \$215,580. We've received a lot of compliments and feedback that has been positive about the entire evening. Staff did an amazing job as usual!
- The majority of the solar project is complete, but PUD did have to install a bigger transformer box (non technical name!) to handle the additional power coming into the building. Final sign off is still about 2-3 weeks away.
- The fire panel that was damaged during the planned power outage has been replaced and covered financially by the electric company working on the solar project.
- We hosted a group from the Anacortes Senior Center to show them our space, programs, and specifically to hear about the Camano Friends Club.
- Early in November we will be having Mount Vernon's leadership team visit the Center to ask about our programming and funding.
- Kelsey Lovik from Northwest Regional Council will be providing grief support for our staff and volunteers of our Camano Friends Club. We've had a lot of transitions and losses the past 3 months which is hard on everyone.
- 5 notary appoints this month. Soon Julie at the front desk will be officially a notary also, so this will be nice! Short month of reporting since the ED had a week off.
- **Rentals this past month:** Art by the Bay, Medicare 101 (2 times), Wedding Reception, Chamber of Commerce Business Person of the Year, Library Author Talk, 90th Birthday Party, Whidbey Land Trust, Taste Buddies

- **Non-profit meeting space:** CAA General meeting, Blood Drive, Green Island Hills Community
- **Executive Director participated in the following Partnership/Collaborations:** Opportunity Council of Whatcom County, Camano Fit, SCAF, Community Coalition of Stanwood-Camano, Community Foundation of Snohomish County, Cascadia Renewables & teams, CIFR, NWRC, Island Senior Resources, SCAF Emergency Preparedness group, Fleur Larson Facilitation, North Sound ACH, Paratransit, Anacortes Senior Center, Mount Vernon Senior Center

Current Grants Applied for:

Grants	Amount and Status	Designated for
HRSA- Health Resources and Services Association	Denied for \$250,000	Partnership with Camano Fire for CARES
Olson Foundation	Awarded \$75,000	CARES program
Olson Foundation	Awarded \$75,000	Transportation
Coastal Community Bank	Denied for \$10,000	Walk in fridge freezer
Department of Health	Denied for \$5,500	Brain health education
North County ACH	Denied for \$539,000	CARES partnership w CIFR
Floyd & Delores Jones/SCAF	Denied for \$10,000	Walk in fridge freezer
William E. Wockner Foundation	Applied for \$29,000	Camano Helping Hands
Tulalip Tribes	Awarded \$3,000	CARES Program
Island Co. Public Health	Applied for \$8,000	Falls Prevention
Providence North Puget Sound	Applied for \$10,000	Camano Helping Hands

Thrift Store update:

- Average Customer spend for October to date \$ 11.66
- Average Daily gross in sales for October to date is \$2,700



Camano Center &
Camano Sue's Art present:

HOLIDAY CRAFT & GIFT BAZAAR

Support Our Local Crafters

Sat. | November 15 | 9AM - 4PM

**BAKE SALE | CANDLES & SOAP | POTTERY
PHOTOGRAPHY | JEWELRY | ORNAMENTS
METAL ART | HANDMADE GIFTS & MORE**

*This Event Benefits
the Camano Center*



CamanoCenter
Get connected.



CAMANO SUE'S ART

Artwork & Jewelry

artistsue@yahoo.com
camanosuesart.com



Smokin' Dough
Wood - Fired pizza



Play GIRL COFFEE

Camano Center | 606 Arrowhead Road | Camano Island | camanocenter.org

Holiday Bake Sale

Saturday, November 15

During the Holiday Craft & Gift Bazaar

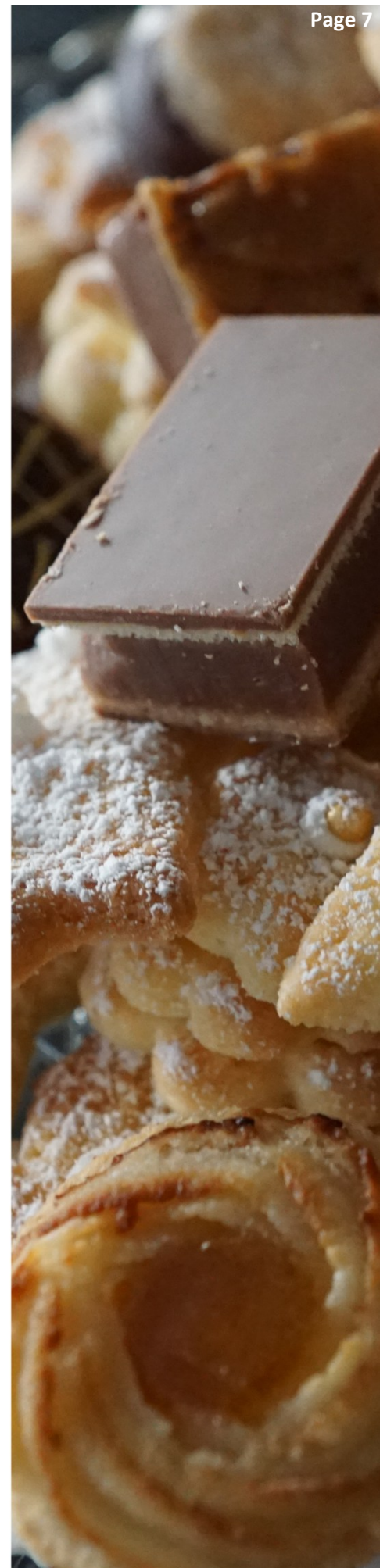
Sign up at the Front Desk

**Please bring items
Friday, November 14
9 AM - 4:00 PM**

Please do not include perishable items requiring refrigeration. Please package items in small amounts. We welcome your holiday favorites!

Not sure what to bake? Here are some of our most requested holiday treats:

- Holiday Cookies - packaged 6 or 12
- Berry Tarts
- Sugarless items & snack mixes like Chex Mix
- Small loaves of quick breads
- Dinner rolls
- Yeast breads– preferably whole grain
- Pumpkin items (seasonal flavored items)
- Label items with special ingredients - especially nuts
- Single individually wrapped items ie. donuts, cinnamon rolls, that can be purchased early in the day with coffee (The vendors loved this!)
- Brownies
- Gluten free baked goods
- Caramel Corn or other flavored popcorn



Programs, Services, & Partnerships Helping Older Adults



Camano Friends Club

Camano Friends Club

Camano Friends Club is a joyful and welcoming place where people living with memory loss can connect, engage and enjoy meaningful time together. Contact the

Camano Center at (360) 387-0222 to schedule a time to stop by for a visit to see if the Camano Friends Club is the right match for you and your family member. Club days are on Tuesday and Thursday. Visit or check our website for more information at camanocenter.org



Our Camano Friends Club enjoys a warm early fall day!

Camano Center

Medical Transportation Program

The Camano Center's Medical Transportation program is a vetted network of volunteer drivers dedicated to providing transportation assistance to those who need it most. By becoming a volunteer driver or contributing as a program donor, you can make a meaningful difference in the lives of others.

Your support enables us to ensure that older adults living beyond the regular fixed-route bus service, those

without access to a car, or individuals who may be living alone and in need of a safe ride to a medical appointment, receive the assistance they require.

Join us in supporting independence, health, and quality of life for our community members. Together, we can make a positive impact, one ride at a time!

Contact Angie Bayley for more information or to register for the program.

(360) 387-0222



In Home Care Registry

Are you looking for some support in or around your home, or know someone else that is?

Services available might include personal care, companionship, light housekeeping, meal preparation, medication management, transportation, home maintenance and much more!

Click [here](#) for to visit the programs & services section of our website for more information or to view the list. It is available in person at the Camano Center front desk Monday through Friday 8 a.m.–4 p.m.



Camano Helping Hands / Volunteer Chore Program

Camano Helping Hands & the Volunteer Chore

Program is now available on the island, providing free, volunteer-powered help for residents who need a little extra support to remain safe and independent in their homes.

What the Program Offers

Volunteers lend a hand with many everyday tasks, such as:

- Light yard work
- Grocery shopping or prescription pick-ups
- Dog walking
- Simple household chores

This program does not provide personal or medical care, moving services, or respite, but it's an excellent option for those who could use a bit of practical, non-medical assistance.

A Partnership for Camano Residents

Camano Helping Hands is made possible through collaboration between the Camano Center and the Opportunity Council. Together, we're working to ensure that island residents who may not have family or other support nearby can still access the help they need.

Who Can Participate?

The program is designed for adults who:

- Are age 60 or older, or living with a disability
- Live independently (not in a care facility or supported housing)
- Have limited income or cannot afford paid services
- Lack adequate support from family, friends, or other programs

How Referrals Work

Unlike some services, this program is **referral-based**. That means people cannot sign up on their own. But here's where you come in:

- You may know a friend, neighbor, or family member who could benefit
- You might be a professional working with older adults or people with disabilities
- You might even be interested in volunteering yourself

Getting Started

If you'd like to refer someone—or learn more about enrolling—please contact:

Northwest Regional Council (NWRC)

ADRCcamano@dshs.wa.gov 360-428-1309 (mention the Camano Helping Hands/Volunteer Chore Program)

For information about volunteering or general program details, reach out to:

Angie Bayley

Community Services Manager, Camano Center
360-387-0222

abayley@camanocenter.org

Join Us in Building a Stronger Community

Camano Helping Hands is all about neighbors supporting neighbors. By volunteering, spreading the word, or referring someone who needs assistance, you can play a part in helping our community members age in place with dignity and care.



Aging & Disability Resource Program Specialist

**Wednesdays 9 a.m. to 4 p.m.
at the Camano Center**

Aging and Disability Resources for Camano Island

NWRC Aging & Disability Resource Program Specialists provide information, referrals, and assistance in obtaining services that support independence, dignity, and health of older adults and people with disabilities.

Phone (360) 428-1309

Email: adrccamano@dshs.wa.gov

Senior Serve *Stanwood-Camano Food Bank*

Senior Serve is a free appointment-based food distribution for anyone in need of food age 60+.

We are open for Senior Serve every Thursday from 11am-12pm.

Please sign up online before your first visit to the Food Bank. If you haven't visited the Food Bank in over a year or your household situation has changed, please fill out the sign up form again. Sign up for services [here](#).

Yes, appointments are required for shopping at Senior Serve. If you do not have access to a computer or cell



phone, you can sign up or schedule an appointments using the **public computers** at the local Sno-Isle Libraries, both in Stanwood and on Camano Island.

**The Stanwood Camano Food Bank is located at
27030 102nd Ave NW Stanwood, WA 98292**

Ensure Plus *Liquid Nutritional Supplements*

**Service provided in partnership with
Island Senior Resources.**



Eligibility

Doctor's prescription is required. Recipients must be age 60+ (or the spouse of person 60+); unable to shop for and/or prepare a full meal; and at risk for malnutrition.

Cost

Meals are provided "by-donation" and clients pay what they can. Donations are needed to keep the program running. Suggested donation \$30/case of twenty-four.

How do I obtain Liquid Nutrition Supplements on Camano Island? Contact Kendall Faragher, at the Camano Center at (360) 387-0222 for assistance.

You will need to provide a prescription from your doctor and complete an intake form.

**Monday, Wednesday & Friday
Community Lunch is prepared by
Island Senior Resources in
partnership with the
Camano Center.**



No one will be turned away because they cannot pay. Checks or cash are accepted; no debit/credit cards. For further information, call (360) 387-0222 or email Lars Wengren.

camanokitchen@islandseniorservices.org

Call Monday, Wednesday or Friday by 10 a.m. for Meals on Wheels changes or for meals to go.

If you would like more information on the Meals on Wheels program or to sign up for the first time, call Emily MacCormick, Meals on Wheels Assessor at (360) 672-6416.

Community Lunch is served Monday, Wednesday & Friday. Please be seated by 11:45 a.m.

November Lunch Entrée

Mon	3	Kielbasa & Sauerkraut
Wed	5	Pork Carnitas Bowl
Fri	7	French Onion Soup
Mon	10	Caprese Sandwich
Wed	12	Italian Pizza w/Sausage
Fri	14	Split Pea & Ham Soup
Mon	17	Bacon Cheddar Beef Burger
Wed	19	Thanksgiving Lunch Sign up at the Front Desk
Fri	21	Thick Beef Stew
Mon	24	Leek Strata Casserole
Wed	26	Chicken Curry w/Rice
Fri	28	Thanksgiving Holiday-Meal Site Closed

Meals on Wheels Information

Nutritious, well-balanced meals (that meet 1/3 of daily nutritional requirements for older adults) delivered to your home at noon by friendly volunteers. Provides essential human connection.

Client wellness checks provide information, resources, and a sense of security for family and loved ones.

For short-term and long-term needs. Delicious, healthy meals; most meals made from scratch; sugar free and gluten free meals available.

Recipients must be age 60+ (or the spouse of person 60+); unable to shop for and/or prepare a full meal; and at risk for malnutrition.

Meals are provided "by-donation" and clients pay what they can.



Lynn & Donna

Foot Care Clinic

Provided by D & L Essential Services

Appointments are available on
the 1st, 2nd, 4th Wednesdays
at the Camano Center.

Fees are as follows:

\$35 toenails

\$10 fingernails

Checks accepted, cash preferred when possible.

Call to Schedule your Appointment

(360) 387-0222

Notary Services Available

At the Camano Center

Bonnie Eckley, Executive Director is providing notary services free to Camano Center members and to non-members by donation. Please provide at least 24 hours notice by scheduling an appointment.

Appointments are available, most days,
Monday –Friday 9:00 a.m.—4:00 p.m. by calling the

Camano Center

(360) 387-0222



Camano Center Coffee Connection



Members can connect and enjoy free coffee and tea at the Camano Center, Monday through Friday 8 a.m.—2 p.m.

Stop by and relax in one of many seating areas. Read a book, work on a puzzle, or visit friends while enjoying a hot cup of coffee or tea on us. We look forward to seeing you!



Thank you to all of the businesses and members of the community that donated items and delicious dessert dash donations for the 2025 Run for the Roses Gala!



Cindy Lou Aillaud
Angel of the Winds Casino Resort
Anthony's Restaurants
Jack Archibald
Linda Berry
Dennis & Joan Blazina
Box of Good
Camaloch Golf Course
Camano Center Board of Directors
Camano Commons Marketplace
Camano Kerri - North 48 Real Estate
Camano Plaza IGA
Canopy Tours NW
Tricia & Steve Clearman
John & Paula Ebner
Emerald Downs
Gerald & Melissa Overbeck
Gill Graham
Janice Greenlee
Walt & Marilyn Grosjean
Jack Gunter
Haggen
Carol Hamre
Holland America Line

Island Fusion
Island Harvest Farms
Ivar's and Kidd Valley Restaurants
Jill Johnstone
Pam Kane
Charles "Buff" Kohler & Carla Mizuta
Kelly and Mark Kraus
Lankford Associates
LeMay - America's Car Museum
Jeff & Bonney Lemkin
Lenz Enterprises, Inc.
Ellice M. Lien
Jeff & Kathy Lind
Karen Lindsay
Lynn Monroe
MQ Gadgets-Gifts-Goodies
Museum of Pop Culture
Museum of History & Industry (MOHAI)
Northwest Outdoor Center
OOLA Distillery
Orchard's Nursery
PAVE Jewelry & Design
Tracey Prochaska
QFC Stanwood

Glenn Santeford
Paul Schumacher
Michal & Jo Ann Scott
Seattle Theatre Group
Randy & Melanie Serroels
Vicki Shondel
Judith Shoudy
Silvana Schoolhouse
Tim & Kirsten Spencer
Bruce & Candace Spong
Stanwood Cupcakes
Stanwood-Camano YMCA
State Farm- Leslie Tripp
Teri Swarner
Swinomish Casino & Lodge
Tapped Camano
The Camano Shop
Steve & Paula Thomas
Keith Tonne
Tulalip Resort Casino
University of WA Athletics
Village Theatre
Laura Ward
Anne Williams

CAMANO HELPING HANDS: SUPPORT FOR OLDER ADULTS



"As inflation increases and income decreases, those of you who donate your time and talents to reach out to those of us who are unable to keep up with the times deserve the highest commendation..."--Client



Give a hand to older adults on Camano Island! Your gift funds supplies, volunteer mileage, and program support for our neighbors in need. Camano Helping Hands is a new volunteer-powered program that keeps neighbors safe, independent, and connected at home.



CamanoCenter
Get connected.

Run for the Roses Gala Auction: A Winning Night!



Our 19th Annual Gala Auction, *Run for the Roses*, was a night of elegance, excitement, and community spirit! Guests joined us for an unforgettable evening celebrating generosity, friendship, and the vibrant energy that makes the Camano Center so special. From the beautifully themed décor to the lively auctions and heartfelt connections, the night truly captured the thrill and joy of a Kentucky Derby–inspired celebration.

Thanks to the incredible support of our sponsors, donors, guests and volunteers, we are thrilled to announce that the Gala netted just over **\$215,000** to support the Camano Center’s vital programs and services!

A special thank-you to **Ian Lindsay**, our talented auctioneer, whose charm and energy kept the bidding lively and fun, and to **Jack Archibald**, our delightful emcee, guiding the night with his signature wit and charm. The beautiful dinner created by **Adin**

Collver, Camano Center Catering, impressed guests with its exceptional flavors and presentation, making the evening unforgettable.

As part of our celebration, we shared this beautiful video created by [A Huge Production](#)—an inspiring look at the programs, services, and community that your support makes possible. [Watch it here!](#)

Thank you for being part of our 19th annual gala auction, *Run for the Roses*—your support truly makes a difference! **Mark your calendars! Join us for our 20th Annual Gala on Saturday, September 26, 2026.**

—Cindy Hand, Development Director



Gala Auction Fund-A-Mission: Thank You Donors

Jerry & Becky Albers	Janice Greenlee	Patty & Burt Pride
Janet St Clair & John Amell	Walt & Marilyn Grosjean	Connie Recob
Doug & Barb Anderson	Richard & Marsha Harding	Brad & Lynnette Roberson
Darci Bailey	Mary Margaret Haugen	Samie & Josh Sanford
Vicki Baunsgard	Cathie Helgeland	Paul & Sandy Schumacher
Normie Baunsgard	Franni Herrgott	Michal & Jo Ann Scott
Dennis & Joan Blazina	Jeffrey R Highland	Dave & Carol Anne Sears
Marianne McGarry-Bloom	Josh & Stephanie Hoines	Randy & Melanie Serroels
Deb & Curt Burks	Robin Brumett & John Hughes	Clyde Shavers
Oren & Gay Campbell	Jill Johnstone	Rae Ann Shearer
Larry & Maria Carlstrom	Kerri Jones	Judith Shoudy
Bonnie & Richard Cavell	Grant & Elaine Kinnear	Teresa Ann LaFleur & Mark Siegel
Sandy Clemetson	Kelly & Mark Kraus	Traci Smith
Dale Collver	Tim Cuchna & Cynthia Lahti	Paula & Greg Solvang
Ken Cummings	Todd & Chris Lozier	Sole Somers
Linda Demetre	Joseph Lunsky	Bruce & Candace Spong
Betty Dorotik	Tonia MacPhail	Sylvia Lang & Frank Stark
Glen & Robin Elder	Dustin Martin	Mona Swanson
Renee Ellsworth	Kathy McCall	Mike Harris & Teri Swarner
Eric & Deanna Emery	Bill McGlashan	Scott Price & Carrie Urling
Paul & Juli Foster	Teri McLachlan	Dale & Lynda Wagner
Pam Fredericksen	Ann Miracle	Barbie Whisler
Deb & Ray Glynn	Eugene Puhmann & Jane Morris	Sharon Williams
Todd Seibel & Joe Goodfield	Monica Negrita	Erin Wold
Barbara Graf	Julie & Dick Paulen	Ted & Renee Wolken
Gill Graham	Joyce E Peterson	Margaret Wright

Thank you to our 2025 Gala "Run for the Roses" Sponsors



Heritage
BANK



Josephine
Caring Community
One Heart. Many Hands.



LAW OFFICE OF
COLE & GILDAY PC

STANWOOD HEARING



Windermere
REAL ESTATE



Skagit Regional Health



Activities and Hobbies

At the Camano Center

The schedule is subject to change. Check the calendar before you leave home!

The Camano Center has a variety of daily, weekly and monthly activities. Some group sizes vary, may be limited and there may be other participation requirements. Where applicable, when playing for money, Camano Center Membership is required.

Most activities are free of charge to current Camano Center members & non member charge for each activity is \$5.00 payable at the front desk at check-in.

Click on the activity title for participation information on each activity or visit our [online calendar](#).

Get Strategic

Cards & Games

Mah Jongg

Every Mon

9:00-12:00pm

Location: Education Room

A fun and engaging game that combines skill, strategy, and a bit of luck. Playing/gambling for money is not required. Camano Center members are free to attend.

Contact: Melinda Brown
(360) 387-2940

Pinochle

Every Mon

12:30-3:30pm

Location: Education Room

An engaging card game that blends skill, strategy, and social interaction.

Pinochle is a fast-paced game that can provide hours of fun!

Contact: Mary Rauch
mjrauch@wavecable.com
(360) 387-1142

Cribbage & Dominos

Every Tue

1:00-4:00pm

Location: Education Room

Play Cribbage or Dominoes at the Camano Center. Both activities share the same room and play at the same time.

Cribbage Contact:

Bill Coons (206) 825-3727

Dominos Contact:

Toni Hilt

(206) 949-1910

tonihilt@yahoo.com

Hand & Foot Canasta

Every Wed

12:30-3:30pm

Location: Education Room

Contact: Pat Bass
(415) 283-7929

Duplicate Bridge

Every Thu

12:30-3:30pm

Location: Education Room

Duplicate Bridge, is a fun and social

FIND YOUR NEXT GREAT READ

Camano Center LENDING LIBRARY

Monday - Friday 8 A.M. to 4 P.M.

The Camano Center has a cozy honor system lending library for everyone to enjoy.



game played using the Standard American Bridge system, commonly used across the country.

Contact: Mike Bloom
(425) 971-1379

Get Smart Computer & Phone Help

Tech Tips

Every Tue

10:00-12:00pm

Location: Library

Call the Camano Center (360) 387-0222 or stop at the front desk to schedule an appointment for one-on-one assistance with Wanda Hill. Get help with your Windows operating system including, MS Word, Excel, and Outlook. General questions welcome. No Macs or phones. BRING YOUR LAPTOP!

Macbook and iPad/iPhone

Tutoring

2nd & 4th Thu

1:00-2:30pm

Location: Conference Room

Get help with your Mac laptop, iPhone or iPad. All questions welcome! These sessions are intended to meet you where you are in your relationship with your device. Email Joyce Lukaczer to schedule an appointment at act@msdeadlines.com

Get Active Exercise & Fitness



Camano Fit & Steady is a strength, balance, and flexibility fitness program for adults 65+. The class is one hour long and is held 3 times a week (Monday, Wednesday & Friday) or (Tuesday & Thursday) and is conducted by Traci Smith, a certified instructor who is trained to meet individual needs and set goals. The class is available to Camano Center members only and is at capacity. Class is offered as a monthly subscription. No drop-ins. Classes currently at capacity.

(8 A.M.) Camano Fit & Steady

Every Mon/Wed/Fri

8:00-9:00am

Location: Sundin Room

(9 A.M.) Camano Fit & Steady

Every Mon/Wed/Fri

9:00-10:00am

Location: Sundin Room

(10 A.M.) Camano Fit & Steady

Every Mon/Wed/Fri

10:00-11:00am

Location: Sundin Room

(9:15 A.M.) Camano Fit & Steady

Every Tue/Thu

9:15-10:15am

Location: Sundin Room

(10:15 A.M.) Camano Fit & Steady

Every Tue/Thu

10:15-11:15am

Location: Sundin Room

(11:15 A.M.) Camano Fit & Steady

Level 1

Every Tue/Thu

11:15-12:15pm

Location: Sundin Room

Lift & Pilates/Yoga Fusion

Instructor: Carol Pope

(425) 344-9505

12-class punch card \$84. A 12-class punch card for Camano Center Members is \$75. Drop-in fee \$12 per class. Enter class through the back patio door.

LIFT

Every Tue/Thu

7:00-8:00am

Location: Sundin Room

Pilates/Yoga Fusion

Every Tue/Thu

8:00-9:00am

Location: Sundin Room

Line Dancing Class

Every Wed

3:00-4:00pm

Location: Sundin Room

Ready to kick up your heels and join the dance floor? At our Line Dancing Lessons, we're all about fun and fitness rolled into one awesome experience! Our lessons cover everything from Country to Top 40, Hip Hop to Swing And get this — not only is dancing one of

(Continued on page 20)

(Continued from page 19)

the BEST ways to get exercise and have fun at the same

The instructor, Kari Dziejwiontkoski

Wednesdays 3:00pm - 3:45pm

\$10/person or \$8/Camano Center

Members

Phone: (206) 375-4151

Register here: <https://>

www.socialdancesimplified.com/

Get Curious *Special Interest*

Friendship Tea

1st Tue every

10:30-11:30am

Location: Education Room

Join us for tea, treats, and a nice visit with friends, both old and new.

Contact: Connie Johnson

(360) 652-7211

Turning Pages Book Club

1st Wed every

2:30-3:30pm

Location: Jensen Room

Each month at the Camano Center, join fellow book lovers for a lively and welcoming book club. This engaging gathering is a chance to connect through shared stories, meaningful conversation, and plenty of laughter. Book clubs foster camaraderie, new friendships, and a true sense of community. The reading list is from the Sno-Isle library.

Contact: Janet Penny

(360) 403-5502



Travel Talk

2nd Fri

10:00-12:00pm

Location: Jensen Room

November travel topic is narrow boating and horse trekking through the Welsh countryside.

Contact: Mark Kraus

(425) 503-9072

Camano Ukulele Ensemble

Get Vocal *Music Makers*

Every Mon

1:00-3:00pm

Location: Craft Room

The Camano Ukulele Ensemble invites you to play, connect, and share the fun of music. Contact for participation information and requirements: Val Schroeder (360) 387-2236

Music Group

Every Tue

1:00-3:15pm

Location: Sundin Room

We play specifically, vocal music with accompaniment &

instrumentals. Types of music: Soft/

light rock & roll, folk, blues, bluegrass, country, and more.

Contact for participation information: Robin Widoff (707) 312-1112

Classic Country & Folk

Every Thu

1:00-3:00pm

Location: Jensen Room

Love classic country tunes and folk favorites? Step into the spirit of classic country and folk music with a welcoming group that loves to sing, play, and share the joy of music. Contact for participation information: Lois Giles (206) 235-3123

Cowboys Music Group

Every Fri

1:00-3:45pm

Location: Education Room

The genre is mostly country and western classics, and related classic folk, and country rock. Visitors are welcome. Managed by Jack Rensel and Tim Spencer. For more information, stop by and meet up with Jack and Tim before the music starts at 1:00 p.m.

(Continued on page 22)



SPECIAL INTEREST

Activities

Attendance & participation is free for Camano Center Members. Guest fee is payable at the front desk.

FRIENDSHIP TEA

First Tuesday 10:30 a.m. - 11:30 a.m. Contact: Connie Johnson (360) 652-7211
"A cup of tea shared with a friend is happiness tasted and time well spent" - Anonymous. Join us for tea, treats, and a nice visit with friends, both old and new.

TURNING PAGES BOOK CLUB

First Wednesday 2:30 p.m. - 3:30 p.m. Contact: Janet Penny (360) 403-5502
Each month at the Camano Center, join fellow book lovers for a lively and welcoming book club featuring a thoughtfully selected read from the Sno-Isle Library.

TRAVEL TALK

2nd Friday 10:00 a.m. - 12:00 p.m. Contact: Mark Kraus (425) 503-9072
Come to Travel Talk! Each month, a Camano Center member shares their trip—maybe a cruise, a European getaway, or a journey to somewhere totally unexpected—with a fun slideshow and great stories.



(Continued from page 20)

Get Creative Art & Sewing

All-Medium Paint Group at the Camano Center. Paint Group meets Tuesdays or Fridays, and participation is free to Camano Center members.

Contact: Kitty Tanji
(425) 985-1319 (text only),
360 572-4123

email: dragoes@me.com

Tuesday Paint Group

Every Tue

8:00-11:00am

Location: Craft Room

Friday Paint Group

Every Fri

12:30-3:30pm

Location: Craft Room

Mending Hearts Quilting Group

1st & 3rd Mon

8:00-12:00pm

Location: Craft Room

Mending Hearts is open to all crafters, and you can participate for free as a Camano Center member. Bring your supplies and sewing machine. Fabric is provided for special projects.

Contact: Joan Huehnerhoff
(425) 754-6620

Needle Works

Every Thu

9:00-11:00am

Location: Craft Room

Do you love working with fabric, yarn, and creativity? Knit friendships, purl joy—share your love of yarn in good company.

Contact: Mary Beckham
(360) 387-6958

Calligraphy

Every Fri

10:00-11:30am

Location: Craft Room

Come learn the basics of old school hand control calligraphy, including proper angles and order of stroke. The instructor is Jim Engstrom. Current 5 week session in progress. Contact Milla Freauff for information about future classes. (360) 722-1195

mdfreauff@gmail.com

Hero Quilters

3rd Wed

10:30-3:00pm

Location: Craft Room

The Stanwood-Camano Hero Quilters make patriotic quilts for wounded soldiers. We have fabric & patterns available for those with sewing experience.

Contact: Sharon Szekely

sharonsseams2b@yahoo.com



PAINT GROUP

OUR PAINT GROUP IS AN ALL MEDIUM
COMMUNITY! ALL SKILL LEVELS WELCOME.

TUESDAY 8:00 AM - 11:00 AM

FRIDAY 12:30 PM - 3:30 PM

Email Kitty Tanji: dragoes@me.com
for more information

Free to
Camano Center
Members

BUSINESS MEMBERS

Please Support these Businesses who Support the Camano Center

Join Us and Sign Up Today!

[A Better Solution In-Home Care](#)

[American Cremation & Casket Alliance \(ACCA\)](#)

[Anthony Castiglione eXp Realty](#)

[Bayless Electric](#)

[Beach & Blvd Real Estate](#)

[Beautiful Skin by Lynn & Co.](#)

[Beard Financial Group](#)

[Bluhm Notary Services](#)

[Camano Animal Shelter Association \(CASA\)](#)

[Camano Arts Association \(CAA\)](#)

[Camano Chapel](#)

[Camano Fit](#)

[Camano Home Care Aid Services](#)

[Camano Island Bliss](#)

[Camano Island Dental Center](#)

[Camano Island Mosquito Control District](#)

[Camano Kerri – North48 Real Estate](#)

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[Enviro-Con Landscaping Materials, LLC](#)

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[Friends of Camano Island Parks \(FOCIP\)](#)

[Good Knight Homes - North48 Real Estate](#)

[Greenworks of WA, LLC](#)

[Hausmeister Home Services](#)

[Heritage Bank](#)

[Holbeck Construction & Design, Inc.](#)

[InsuranceWorks Agency](#)

[Island Harvest Farm](#)

[Jan Mather – Camano Island Expert - Windermere](#)

[Jared D. Johnson – Edward Jones](#)

[Josephine at Home](#)

[Josephine Caring Community](#)

[Law Office of Cole & Gilday](#)

[Law Office of Dale Wagner](#)

[McPherson Pest Control](#)

[MGM Flooring & Interiors, Inc.](#)

[Michelle Maiers, Real Estate Broker @ HomeSmart One Realty](#)

[MQ Gadgets - Gifts - Goodies](#)

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[Puget Sound Tree Care, LLC](#)

[Right At Home](#)

[Shoebox Baking Company](#)

[SLM Financial Services](#)

[Snow Goose Transit](#)

[Stanwood Camano Arts Guild](#)

[Stanwood Hearing](#)

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[State Farm Insurance – Leslie Tripp Agent](#)

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[Vidor & Associates, Inc.](#)

[Windermere Real Estate](#)

[Windsor Square Senior Living](#)

What's Age Got to Do With It?

LAUGHING ALL THE WAY...?



Soon many will be celebrating Thanksgiving with family and friends, or by themselves surrounded by memories and cheered by thinking of things they are thankful for. Opinions on

what that should mean vary as much as we do, and to each his own as the wise old saying goes.

Some folks focus on the traditional (you know, pilgrims and native americans coming together to celebrate the harvest)...

"Pilgrims Song" Nelson Eddy

<https://music.youtube.com/watch?v=TB9rDfKTCl0>

Others on nostalgia...

Over the River and Through the Woods

<https://www.youtube.com/watch?v=Zl5r76hVYF0>

Most are agreed on one thing, it's a reminder to be grateful for all the good things, and people, in our lives...

Count Your Blessings (Instead of Sheep) Irving Berlin

<https://www.youtube.com/watch?v=t8C4XguujCg>

"Thanksgiving is not only being aware of the abundance of good in the world but embracing it."

– *Richelle E. Goodrich, Slaying Dragons*



One thing for sure, no matter what your reasons for gathering, or not, one thing we can probably all agree on to one extent or another, is that a sense of humor helps smooth over the inevitable frustrations, differences, and levels of exhaustion that often play a role in the festivities (or should I say "FEASTivities"?).

"There's always something to be thankful for on Thanksgiving. Even if it's not just being a turkey."

– *Unknown*



<https://scoutlife.org/features/23855/funny-thanksgiving-day-jokes/>

50 Funny Thanksgiving Day Jokes and Comics

<https://www.humormatters.com/holidays/Thanksgiving/beingthankful.htm>

Humor Matters...Thanksgiving

No matter what your taste, philosophy, or feelings about this holiday, why not try to relax and let whatever good memories you have about Thanksgiving wrap you in a bit of comfort to shield you against whatever today brings as you listen to this? Hope you enjoy some of this corny "music", and the vintage pictures that go along with it!

Over 1 hour of the best old Thanksgiving music

<https://www.youtube.com/watch?v=9ijOjXdIxM>

Connie Johnson
Camano Center Member

Camano Center Weddings

606 Arrowhead Rd. Camano Island

Catering

Our catering services provide a memorable experience with customizable menu options to fit various budgets.

Bride and Groom Suites

The venue includes a bridal room with a private bath and staging areas for the groomsmen and wedding party.

Licensed Bartender

On-site bartending services ensure your event is enjoyable, safe, and professionally managed.

Indoor & Outdoor

Host up to 200 guests for weddings, receptions, or special events with indoor and outdoor options.

AV Sound System

The Sundin Room features an AV sound system with microphones, Bluetooth sound, a projector, and a 10-foot-wide screen.

The Camano Center is a local, non profit organization serving Camano Island. When you book your event with us, 100% of your rental supports programs and services.

camanocenter.org | 360-387-0222



Our Values

We behave with compassion, respect, and integrity. We foster an environment of inclusion and continuous growth. We act with a heart of service.

Our Vision

A community where older adults are empowered to live their lives to their fullest potential.

Our Mission

We support healthy aging, connection, and well-being for adults 55 and older.

Contact Us

info@camanocenter.org
606 Arrowhead Road
Camano Island | WA | 98282
(360) 387-0222