CAMANO CONNECTIONS

November 2026

camanocenter.org

CamanoCenter
Get connected.



20th Gala Auction

The Twenties Gala brought Roaring Twenties style and community spirit together for an unforgettable evening! Join us on page 12 as we celebrate 20 years of generosity and the people who make it all possible.

SCAN ME

Hours of Operation

Camano Center
606 Arrowhead Road | Camano Island | WA| 98282
(360) 387-0222
Monday – Friday | 8:00 a.m.—4:00 p.m.

2nd Chance Thrift Shop
1335 State Route 532 | Camano Island | WA | 98282
(360) 629-6142

Shopping
Wednesday through Saturday
10:00 a.m. to 4:00 p.m.

Donations Accepted
Thursday through Saturday (No Wednesdays)
10:00 a.m. to 4:00 p.m.

CamanoCenter
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camanocenter.org

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Camano Connections

Camano Connections is published monthly by Camano Senior Services Association, a 501(c)(3) registered organization located at 606 Arrowhead Road, Camano Island Washington 98282. Opinions or issues presented do not necessarily represent an endorsement by Camano Senior Services Association.

Camano Connections is funded by membership dues and other fundraising efforts.

Rent the Center!

The **Camano Center** provides a beautiful venue for your upcoming event! With six rooms of different sizes, you'll find an option that can accommodate a wide range of events, meetings, and celebrations. Whether you're planning an intimate gathering or a large-scale conference, our flexible spaces are designed to meet your needs.



Each room is equipped with a variety of amenities and can be customized to be utilized for your event. Our dedicated staff is on hand to assist with setup and ensure everything runs smoothly.



Enjoy the convenience of ample parking and easy accessibility. The picturesque surroundings create a serene backdrop, perfect for creating memorable experiences.

Book your event at the **Camano Center** today and let us help you bring your vision to life!

Explore our updated Weddings, Event Venue, and Catering pages for more information!

camanocenter.org/venue-rentals/

I Couldn't Get an Open Enrollment Appointment What do I do?

Medicare (2027 Plan Year) Help
Open Enrollment is October 15 – December 7th

With the extremely high demand this year for appointments due to plan cancellations, you might not have been able to make an appointment with a **SHIBA advisor** to go over your 2027 plan choices. The entire country is experiencing this right now, not just your county.

This information can help you navigate and make choices/changes on your own.

I. My Part D drug plan is being cancelled, and I want to enroll in a new Part D Drug Plan for 2027. What do I do?

1. Pick a new Part D plan by December 7, 2026
    1. How? Visit Medicare.gov and click on "Health & Drug Plans" and then "Find health and drug plans". Enter your zip code and then your prescriptions in the Plan Finder tool. This will show you what plans will cover the prescriptions you take. Contact company to enroll. Your effective date will be January 1, 2027.

II. My Advantage Plan is being cancelled, and I want to enroll in a new Advantage Plan for 2027. What do I do?

1. Pick a new Advantage plan by December 7, 2026

    1. How? Visit Medicare.gov and click on "Health & Drug Plans" and then "Find health and drug plans". Enter your zip code and then your prescriptions in the Plan Finder tool. This will show you what Advantage plans will cover the prescriptions you take. Contact company to enroll. Your effective date will be January 1, 2027.

    2. Due to your plan being cancelled, you will have extra time to enroll in a different Advantage Plan for 2027. If you do this between December 8 - December 31, 2026, your effective date will be January 1, 2027.

    3. If you do nothing during Open Enrollment or between December 8 – December 31, 2026, you will be enrolled in Original Medicare (Part A & Part B only) with an effective date of January 1, 2027. You will be able to enroll in an Advantage plan again from January 1 to March 31, 2027, but the effective date will be the first date of the month after you enroll. You will be covered under Original Medicare during that time, however.

III. My Advantage Plan is NOT being cancelled, and I want to enroll in a different Advantage Plan. What do I do?

1. If you are <u>currently</u> in a Medicare Advantage Plan, and you have <u>not</u> received a letter saying your plan will be discontinued, you can enroll in a different Advantage Plan during Open Enrollment (Oct 15-Dec7).

    1. How? Visit Medicare.gov and click on "Health & Drug Plans" and then "Find health and drug plans". Enter your zip code and then your prescriptions in the Plan Finder tool. This will show you what Advantage plans will cover the prescriptions you take. Contact company to enroll. Your effective date will be January 1, 2027.

    2. You will also have an opportunity to switch to another Medicare Advantage Plan during the Medicare Advantage Open Enrollment Period from January 1 through March 31, 2027. You can meet with a SHIBA advisor during this time to look at Advantage Plans for 2027.

IV. My Advantage Plan is being cancelled, and I want to enroll in Original Medicare for 2027 with a Part D drug plan. What do I do?

1. You will have a Special Enrollment Period (SEP) from December 8, 2026, to February 28, 2027.
    1. You can enroll in a 2027 Part D drug plan either during Open Enrollment (Oct 15-Dec 7) or any time between December 8, 2026, to February 28, 2027. If you enroll during Open Enrollment or in December between December 8 to December 31, 2026, your effective date will be January 1, 2027. If you enroll in January 2027, your effective date will be February 1, 2027. If you enroll in February 2027, your effective date will be March 1, 2027.
    2. How? Visit Medicare.gov and click on "Health & Drug Plans" and then "Find health and drug plans". Enter your zip code and then your prescriptions in the Plan Finder tool. This will show you what plans will cover the prescriptions you take. Contact company to enroll.
    3. If you do nothing during Open Enrollment (Oct 15-Dec 7) or December 8 – December 31, 2026, you will be automatically enrolled in Medicare Part A and Part B effective January 1, 2027. You will NOT be automatically enrolled into a Part D drug plan or Medigap.
    4. Keep in mind, if you choose a Part D plan during Open Enrollment or in December between the 8th and 31st, you are locked into that Part D plan for all of 2027.

V. My Advantage Plan is being cancelled, and I want to enroll in Original Medicare for 2027 with a Medigap (a supplement that pays the 20% Medicare does not cover). What do I do?

1. If your Advantage Plan is being cancelled, you will have a guaranteed issue Medigap. This means you will <u>not</u> have to undergo medical underwriting to be accepted into a Medigap. This is usually only open to you during your initial enrollment period for Medicare.

2. Medigap is private insurance and you will enroll directly with the carrier, usually by calling them. You will have from December 8, 2026, to February 28, 2027, to do this and be guaranteed a Medigap. (After that, if you are enrolled in Original Medicare, you will not have guaranteed issue rights anymore and you will have to complete medical underwriting and there is a good chance you will be denied.)

3. The effective date will be the first of the month after you enroll. You can change your Medigap coverage at <u>any</u> time. The only thing you cannot do is enroll in Medigap plan N initially. If you would like to enroll in Plan N, you must first enroll in one of the other letters and then switch to a Plan N the month after your Medigap plan starts. There is no waiting period to switch to an N plan if you had a guaranteed issue Medigap (which happens when your Advantage Plan is cancelled.) Please see the attachment for the most recent Medigap rates and company contact information to enroll.

4. You must also choose a separate **Part D Drug Plan - see Section IV above for instruction**s.

IMPORTANT DISCLAIMER ABOUT GUARANTEED ISSUE MEDIGAPS!

If your Advantage Plan is cancelled and you enroll in another Advantage Plan during Open Enrollment, you will NOT have a guaranteed issue Medigap opportunity anymore. This includes during Advantage Open Enrollment (Jan 1-March 31) as well as during your Special Enrollment Period from December 8, 2026, to February 28, 2027. If you are not sure if you want to move to another Advantage Plan in 2027 or switch to Original Medicare, it is better to NOT enroll in an Advantage Plan during Open Enrollment or in December. Do more research, and make your choice after December 31, 2026. This will give you the option to still purchase a Medigap with guaranteed issue after December 31, 2026.

What should I research?

Reach out to your providers to see what coverage they will be accepting in 2027. Look over the Medigaps being offered. (They come out quarterly. You can view the Medigap chart for 4th Quarter 2026 right now. 1st Quarter 2027 won't come on until December 30, 2026.) Look over the Part D plans for 2027 and use the Medicare.gov Plan Finder tool to enter your drugs and see which plans cover them. If a drug isn't covered under any Part D plans, ask your doctor if there is another drug they can prescribe that would be.

Resources:

1-800-Medicare now has a "call back " feature that allows you to be called back when they have reached your place in line, so you don't have to wait on-hold for hours. If you choose to do this, you must pick up the phone when Medicare calls or you will have to start from the beginning again.

The OIC/Office of the Insurance Commissioner (oic.wa.gov) has a portion of their website devoted to Medicare. You will find all the current plans listed there. You can also order an OEP Tool Kit from them which will take you step-by-step through the process of making your Open Enrollment changes. (These can also be picked up at your local library and senior center.) The OIC is having drop-in Zoom sessions during Open Enrollment to help answer your questions. You can also join by phone.

THE TAKEAWAY:

If your Advantage Plan is cancelled and do not want to enroll in another Advantage Plan and switch to Original Medicare, you will want to enroll in both a Part D drug plan and a Medigap. You will have during Open Enrollment and up until February 28, 2027, to do this. Effective dates will depend on what month you enroll. If you do not enroll in anything prior to December 31, 2026, you will automatically be enrolled in Part A and Part B of Original Medicare January 1, 2027. You will **not** be automatically enrolled in a Part D drug plan or a Medigap.

SHIBA

OFFICE of the INSURANCE COMMISSIONER

WASHINGTON STATE

Drop in on one of our online Medicare Q&A sessions!

Wednesday evenings from 5:30 pm to 7 pm:

Oct. 7, 2026
Oct. 21, 2026*
Nov. 4, 2026
Nov. 18, 2026*
Dec. 2, 2026*

Join the Zoom meeting
https://tinyurl.com/2s9a5947

Join by phone
Phone: 253-205-0468
Code: 83657974296#

Monday mornings from 10 am to 11:30 am:

Oct. 12, 2026
Oct. 26, 2026*
Nov. 9, 2026
Nov. 23, 2026*

Join the Zoom meeting
https://tinyurl.com/4f5nnp7x

Join by phone
Phone: 253-205-0468
Code: 82245064110#

Island Transit ROADMAP 2047

Island Transit

Help shape the future of Island Transit

Based on what we heard in Phase 1, we've developed options for improving bus service, bus stops and our environmental approach. **Take the 5-minute survey and rank what matters most to you.**

1 Bus service options

North Whidbey
Oak Harbor area

- **Buses every 30 minutes**
  Routes 2, 6 and 9, weekdays
- **Later evening service**
  Until 9 p.m. or 10 p.m. on weekdays
- **New routes north & east of Oak Harbor**
  Fixed routes replace On-Demand Zone 3

South Whidbey
Langley · Freeland · Clinton

- **Later evening service on Route 1**
  Until 9 p.m. or 10 p.m. on weekdays
- **A new route north of SR 525**
  Serving areas west of Langley
- **More fixed-route service on Route 58**
  Replaces On-Demand Zone 58

Camano Island
Plus Stanwood, Mount Vernon, Arlington, Everett

- **Buses every 30 minutes**
  Routes 1C and 3C · Route 411C every hour
- **Later evening service**
  Routes 1C, 2C, 3C until 9 or 10 p.m. weekdays
- **Stops near the Mount Vernon hospital**
  Added to Route 411C
- **Route 412C: two options**
  A: Add a Smokey Point stop, continue to Everett · B: End the route at Smokey Point

2 Improvements at and around bus stops

- COMFORT — **Bus shelters**
- COMFORT — **Benches**
- SAFETY — **Lighting at stops**
- SAFETY — **Crosswalks**
- SAFETY — **Sidewalks**
- INFORMATION — **Real-time arrival displays**
- INFORMATION — **Maps & posted schedules**
- CLEANER FLEET — **Lower- or zero-emission buses**

3 Balancing the environment and bus service

ENVIRONMENT FIRST ——— SERVICE FIRST

HIGH PRIORITY
Environment first
Reduce environmental impact first, even if it limits improving or adding bus service.

BALANCED PRIORITY
Find a balance
Balance reducing environmental impact with improving bus service.

LOWER PRIORITY
Service first
Improve and add bus service first; environmental investments as resources allow.

Tell us what matters most to you

1. **Look over the options** for where you ride, or would like to
2. **Rank them in the survey** with your top priority first
3. **Share it** with friends, neighbors and coworkers

Learn more at **www.islandtransit.org**

Scan to take the survey

Camano Center and Camano Sue's Art

present the

HOLIDAY Craft & Gift BAZAAR

Saturday, November 21
9 AM - 4 PM

606 Arrowhead Road | Camano Island | camanocenter.org

Vendor fees from this event help fund Camano Center services for adults 55+

Featuring

Over 50 Local Artists | Bake Sale | Ornaments
Candles and Soap | Hay Girl Coffee
Jewelry | Pottery | Metal Art
Original Handmade Gifts & More

CamanoCenter
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CAMANO SUE'S ART
Artwork & Jewelry
artistsue@yahoo.com
camanosuesart.com







CAMANO CENTER

Holiday Bake Sale

BAKED GOODS SUGGESTIONS:

Bake sale takes place during the Holiday Craft & Gift Bazaar November 21, 2026

Interested?
Sign up at the front desk.

Please bring items between Thursday, November 19 and Friday, November 20 by 3 p.m.



SATURDAY
NOVEMBER 21
9 AM-4 PM

COOKIES -PACKAGED 6 OR 12
BROWNIES
BERRY TARTS
SUGARFREE ITEMS
SNACK MIXES ~~LIKE CHEX MIX~~
SMALL LOAVES QUICK BREADS
YEASTS BREADS
PUMPKIN ITEMS
INDIVIDUALLY WRAPPED ITEMS
SEASONAL ITEMS
SNICKERDOODLES
CHOCOLATE CHIP OR M&M COOKIES
CARAMEL OR FLAVORED POPCORN
GLUTEN FREE BAKED GOODS
HOLIDAY FAMILY FAVORITES

No perishables or items needing refrigeration please.
Package items in small amounts.
Please label items that are gluten free, sugar free or contain nuts.

Executive Director Report for Board of Directors October 2026

Executive Director Report for Board of Directors October 2026

Upcoming Events/Happenings

10/28 Halloween Lunch	11/3 Planning for What's Next	11/18 Rule of the Law presentation
11/21 Holiday Craft and Gift Bazaar	12/1 Giving Tuesday	12/2 Hospice 101 Presentation

Past 30 Days:

- The 20th Auction Gala was another heartwarming and successful fundraiser evening! Gross proceeds are at $304,128.50. Expenses are still being tallied. Overall, the event just gets better every year thanks to Cindy, Adin and the entire team for all the hard work.
- Tomorrow is the Halloween Lunch here from 11:30-12:30. Come dressed up and ready to judge for the best costume for prizes! (October 28th)
- We have a new social group being led by Francisca Vega, a volunteer that has taught Qigong for 30 years and lives right around the corner. Demos will run on Mondays from 2-3pm through 2026. In 2027 if she has a steady following we will expand to 2 days per week. Classes are free to Members or $5 per session for non-members
- A new session of Powerful Tools for Caregivers began October 15 and run through November 19.
- Our Solar grant is nearing the final reporting to collect the remaining $6,902. Reminder should be to compensate for my time that the project has taken, to reimbursed to the organization. This was written into the grant.
- The Live Well, Age Well pilot began October 21 and will conclude October 28. Participant feedback will help shape the upcoming five-week series, with dates to be determined. The first program was very well received, and we gathered a lot of helpful information on suggestions.
- We still have some openings in our Camano Friends Club on Tuesday and Thursdays if you know or hear of anyone needing respite care and a great place for socialization for those living with dementia or Alzheimer's.
- We will be starting a Memory Café in the new year which will run every 2nd Wednesday of the month. This is a chance for caregivers to come with their loved one that has memory loss to be with others to enjoy food, music and games together.
- Lisa, Nicole and I have been meeting to discuss the "Sense of Community Survey" that was put out this late spring by Lisa. We are focusing on the areas that we feel we can improve. Overall, we rank VERY high on surveys regarding our volunteer program. This will be ongoing throughout next 2 years.
- The CARES community worker job has been posted by CIFR. Karen will be involved in the interviewing process as we will be close partners with them moving forward and listed on several grants. Interviews start today, so I will have to miss them due to the board meeting. We are eager to get the new person into the role and trained as a lot of the work has fallen on Karen to navigate.
- Kendall has been working very diligently with staff to update the website pages of each "department" throughout the organization. Professional photos are helping it all to look really great!
- Working with Department of Commerce on the remaining reporting of our grant, and the reimbursement that was put in the grant for my time spent on administering such. Our first annual battery and system maintenance

was due this month and I was able to complete about 80%. Cascadia Renewables will be finishing the remainder as it should have been them for the first 5 years, but alerts came to me by mistake.

- Our Camano Friends Club manual needed some clarification and updating on our emergency protocol, so we have done this and communicated to the volunteers in person and via email. Staff have been given the same information. The updates to the protocol were approved by CIFR.
- Our Food Establishment license is up for renewal, due December 1st. This has been filled out and sent into Island County.
- FOCIP came out to repair a strange ramp that had been cobbled together many years ago. The walk from one level to another is much safer now. Thank you FOCIP for your continued partnership and support!
- The local Food Insecurity group continues to meet and work on the reality that our community is seeing a dramatic increase (116% for the Food Bank in visitors) in needs, with less funding. We have multiple partnerships and innovative ideas being explored.
- In January we will start to see the cuts to Apple Health and requirements of 20 hours per week of work or volunteering in order to keep healthcare insurance. This has been in effect for SNAP benefits for several months. This does add another layer of complexity to our volunteer program that Lisa has been navigating very well.

Staff updates:

Rentals this past month: Medicare 101 (2 sessions), Yoga, Wedding, Celebration of Life (2), Camano Chamber Person of the Year Lunch, Safe Harbor Solutions, Art by the Bay art show (4 days), Chamber Candidate Forum
Non-profit meeting space: FHHA Board meeting, CAA meeting, Island Transit
Executive Director participated in the following Partnership/Collaborations: Camano Fit, Community Coalition of Stanwood-Camano Steering Committee, CIFR/CARES, NWRC, Island Senior Resources, SCAF Food Insecurity group, SC Food Bank, Island County Transit, North County Senior Serving networking group, Stanwood Camano Resource Center, Little Green House, North Sound ACH, Island County Human Services, Island County Public Health, Camano Fire & Rescue, Island Regional Transportation Planning Organization (IRTPO), Mount Vernon Senior Center, Stilly Valley Center, Wenatchee Senior Center, Box of Good

Current Grants Applied For:		
SCAF-Floyd & Delores Jones	**Awarded $10,0000**	Install auto doors for ADA compliance in restrooms
Rick Steves through CFSC	Applied for $5,000	Upgrade audio visual in 3 rooms at the Camano Center

Thrift Store update:

- Average Customer spend at each visit for October $13.14
- Average Daily gross in sales per day for October $3,142.
- Construction project on the older building is complete. The last remaining item was to complete a drainage system on the west side of the building to mitigate the water flow in parking lot and off hill side. This was completed on October 20th.
- Several changes were made to the layout once we moved items back in. Clothing is now all in the back room near the children's room. This gets all of the clothing together, and enables parents to watch kids while looking for clothing. This is easier for the volunteers and staff also, to bring clothing through the new door that was installed to the sorting areas. The clothing sorting areas is much bigger now with all of the kitchen cabinets and shelving taken out. We moved the shoe cleaning and book sorting into that same room.
- Next project will be to insulate the outer sorting area where clothing is first brought and electronics are stored for sorting. Tom feels he can accomplish this.

The Twenties Gala:
A Roaring Success! Celebrating 20 Years of Giving



What a night to remember! On Saturday, September 26, the Camano Center celebrated its 20th Annual Gala Auction, *The Twenties Gala*, with an unforgettable evening of generosity, community spirit, and Roaring Twenties glamour!

Thanks to our incredible guests, sponsors, donors, and supporters, **this year's Gala raised just over $300,000!** These funds will help sustain vital programs and services that promote healthy aging, connection, and well-being throughout our community.

For 20 years, our Gala has celebrated neighbors helping neighbors, thanks to the dedication of countless volunteers and generous supporters who have made this event a cherished tradition.

Special recognition goes to our talented auctioneer, **Ian Lindsay**, who has been with us since 2010; our entertaining emcee, **Jack Archibald**, who has been part of the Gala since the very beginning; and **Adin Collver/ Camano Center Catering**, whose delicious appetizers and dinner were a highlight of the evening!

Relive the magic! Browse memorable moments captured by **Ian Gleadle Photography** and watch our special Fund-a-Mission video, created by **A Huge Production**, celebrating the people and programs at the heart of our mission. **View Gala Photos & Watch Our Video**

It's not too late to make a difference! Whether you attended or couldn't join us, you can still support our mission with a post-Gala gift. **Make a Gift Today!**

Save the Date! September 25, 2027 — we look forward to celebrating with you again!

Cindy Hand, Development Director





THANK YOU TO OUR GALA AUCTION FUND-A-MISSION DONORS

Lance & Cheryl Aasness
Cindy Lou Aillaud
Jerry & Becky Albers
John Amell
Doug & Barb Anderson
Robert McMurray & Lori Bassani
Normie Baunsgard
Vicki Baunsgard
Ember Bennu
Phillip & Trish Berns
Carol F Biegler
Nancy & Gary Bleeker
Jamie & Mandi Blevins
Lindee & Edward Brooks
Jane Lewis & Pat Bydalek
Larry & Maria Carlstrom
Camano Island Chamber
Sandy Clemetson
Karen Conway
Joey Dennis
Ethan Dexter
Tari & William Dexter
John & Paula Ebner
Jeff & Bonnie Eckley
Glen & Robin Elder
Renee Ellsworth
Susan McDonald Erickson
Susan & Ken Everett
Barb Flatt
Paul & Juli Foster
Pam Fredericksen
Sandra Marie Garson
Ian & Linda Gleadle
Deb & Ray Glynn
Amy & Mike Gorman
Gill Graham
Carolyn Graves
Janice Greenlee
Walt & Marilyn Lou Grosjean
Cheryl Gruger
Cindy Hand
Jeffrey R Highland
Pat Hofmann
Jeanne & Scott Hudock
Robin Brumett & John Hughes
Twin City Idlers
Nick & Connie Johnson
Jill Johnstone
Kerri Jones
Morgan Jones
Elsa & Rick Kitts
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Jeff & Bonney Lemkin
Dustin Martin
Beverly Maxwell
Denise & Mike McDonald
Bill McGlashan
Ivan & Darlene Miller
Ann Miracle
Toni Mondschein
Frank & Mary Montgomery





Thank you to all of the businesses and members of the community that donated items and delicious dessert dash donations for the 2026 Twenties Gala

2nd Chance Thrift Shop
Angel of the Winds Casino Resort
Anthony's Restaurants
Jack Archibald
Argosy Cruises
Arrowhead Ranch
Arrowhead Ranch Flower Farm
Linda Berry
Joan Blazina
Box of Good
Lindee Brooks
Carol Burroughs-Gleim
Dotti Burton
Camano Center BOD
Camano Commons Marketplace
Camano Kerri - North 48 Real Estate
Camano Plaza IGA
Canopy Tours NW
Camilla Carlson
Tricia & Steve Clearman
Tim Cuchna & Cynthia Lahti
John & Paula Ebner
Gill Graham
Janice Greenlee
Marilyn & Walt Grosjean
Nick & Connie Johnson
Jill Johnstone
Pam Kane
Charles "Buff" Kohler & Carla Mizuta
Kelly & Mark Kraus
Sylvia Lang
Murl & Karen Leibrecht
Jeff & Bonney Lemkin
Karen Lindsay
Debbie Martin
Lynn Monroe
Jeannette Mullin
Jane Repensek
Michele Rushworth
Paul Schumacher
Michal & Jo Ann Scott
Randy & Melanie Serroels
Teri Swarner
Keith Tonne
Laura Ward
Jennifer Woods
Janice Young
FRS Clipper
Haggen
Holland America Line
Island Harvest Farms
IslandRN Healthcare
Josh Kelley, Edward Jones
LeMay - America's Car Museum
McMenamins Pub
Museum of History & Industry
Museum of Pop Culture
Northwest Outdoor Center
Our Legacy Fields
Pavé Jewelry and Design
QFC Stanwood
Safe Harbor Legal Solutions
Seattle Sailing Ship
Seattle Storm
Seattle Symphony
Stanwood Cupcakes
The Museum of Flight
Utsalady Ladies Aid
Village Theatre

THE TWENTIES GALA

Thank you to our 2026 SPONSORS!

LAW OFFICE OF DALE WAGNER

Josephine Caring Community
One Heart. Many Hands.

Heritage BANK

LAW OFFICE OF COLE & GILDAY PC

CASCADE Lumber, Inc

Skagit Regional Health

MGM FLOORING AND INTERIORS

STANWOOD HEARING

Windermere REAL ESTATE

American Cremation & Casket Alliance
Acca
Funeral Home & Crematory

LENZ ENTERPRISES

Gilbertson
FUNERAL HOME AND CREMATION SERVICE
27001 88th Ave. NW • PO Box 1569 • Stanwood, WA 98292-1569

TULALIP RESORT CASINO

SLM Financial Services
360-516-2266

COASTAL COMMUNITY BANK®

WITH GRATITUDE

Recognizing gifts made between 9.11.26 - 10.10.26

APPRECIATION:
Round Up Donors - 2nd Chance Thrift Shop
Anonymous Donor - Notary Public
Norma Caudle - Medical Ride Program
Dwain Colby - Medical Ride Program
Tom & Vicky Eisenberg - Spaghetti Fundraiser
Robert Hill - Medical Ride Program
Chuck & Geri Kahler - Notary Public
Glen & Kari Lightner - Camano Friends Club
Anne Williams - Friendship Tea

GENERAL:
Matthew Olson & Stephanie Davis
Tyler Easley
Martha London
Donald & Joyce Peterson
Patricia & Tony Vivolo

RECURRING:
Juliane & Jeremy Abbott
Sandra Clemetson
Bonnie & Jeff Eckley
Robin & Glen Elder
Marilyn & Walter Grosjean
Cindy & Scott Hand
Connie & Nick Johnson
Jill Johnstone
Anonymous Donor
Kelly & Mark Kraus
Claire Leatherman
Lori Messmer
Fred Monte
Betsy Shields
Tim & Kirsten Spencer
James & Karen Walden

RESTRICTED:
Camano Ukulele Ensemble - Camano Friends Club

MEDICAL RIDES FOR OLDER ADULTS

MORE THAN A RIDE. A LIFELINE TO HEALTH AND INDEPENDENCE.

This Giving Tuesday, help older adults in our community get to essential medical appointments. Your gift supports volunteer drivers and the coordination that keeps our neighbors connected to the care they need.



GIVE AT WWW.SCGIVE.ORG

MARK YOUR CALENDAR! DECEMBER 1, 2026

GIVE THE GIFT OF A RIDE. GIVE THE GIFT OF INDEPENDENCE.

SC GIVE DECEMBER 1, 2026

CamanoCenter Get connected.

Exciting Improvements at Our Thrift Shop!



Our thrift shop has been undergoing some much-needed repairs and improvements, and we are excited to share the progress with our wonderful community!

Over the past several weeks, we have been hard at work making our shop a safer, more comfortable, and more enjoyable place to shop. The project included reconstructing the floors, freshening things up with new paint, updating electrical wiring, and making necessary plumbing repairs. We also took this opportunity to reorganize our merchandise by moving all clothing into one convenient location, making it easier for shoppers to browse and find just what they need. This move also allows parents to be close by while their kids are in the children's area.

We know these improvements created some temporary inconveniences as we moved things around and worked through the repairs during August and September. We sincerely thank all of our loyal shoppers for your patience, flexibility, and continued support throughout this process.

Our thrift shop is more than just a place to find great bargains. It is a valued part of our community, and every purchase helps support the programs and services that make a difference in the lives of those we serve.

We look forward to welcoming you in to see the improvements, enjoy the refreshed space, and discover your next great find. Thank you for shopping with us, supporting our mission, and being such an important part of our thrift shop family!

Bonnie Eckley,
Executive Director


















Mens Clothing



CamanoCenter
Get connected.

The Rule of Law:

Why it Matters to All of Us



Understanding the principles that protect our rights, promote fairness, and support democracy.

Wednesday, November 18, 1:30 -3:00 PM

Camano Center, 606 Arrowhead Rd.

The rule of law is the foundation of a healthy democracy, ensuring that laws are adopted and applied fairly, rights are protected, and disagreements are resolved through a well-functioning justice system rather than through unequal power or violence. At a time when public trust in democratic institutions is low, open conversations about the rule of law are more important than ever. By learning about, discussing, and defending these principles, communities can strengthen confidence in these institutions, including the justice system, and help preserve the democratic values that safeguard us all. **Please join us for a conversation guided by a Rule of Law Ambassador, about why the rule of law matters and what each of us can do to help protect it.**

Presented in partnership with the Washington State Bar Association



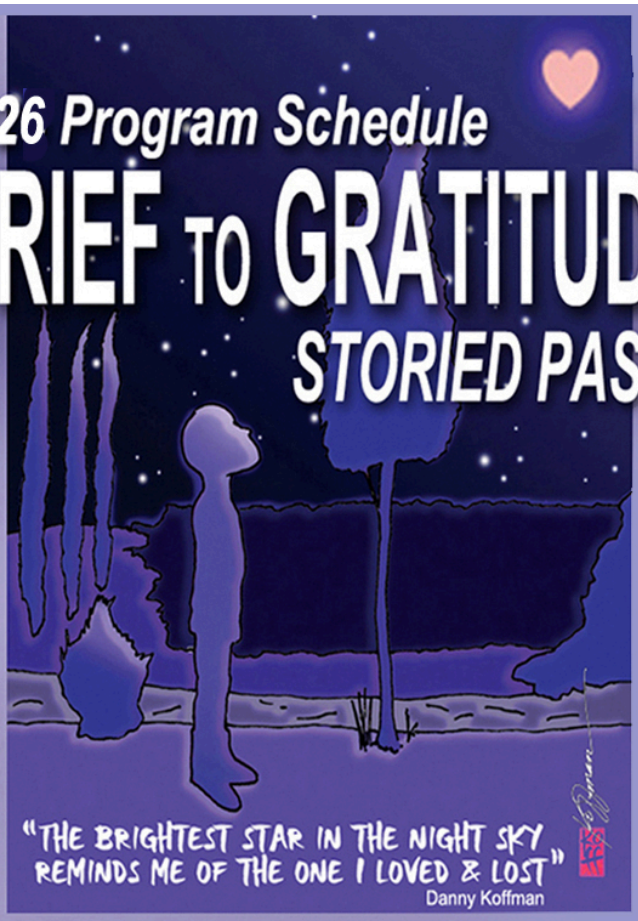
HOSPICE 101

Wednesday, December 2, 2026 at 10 a.m.

Hospice of the northwest

Join an expert from Hospice of the Northwest to learn the basics of hospice care: the types of support it provides to patients and families, eligibility requirements, how it's paid for, and how to get started. There are many myths and misconceptions about hospice, so the truth may surprise you!

Hospice of the Northwest • www.HospiceNW.org • 360-814-5550



Come & Share Uplifting Stories of Your Lost Loved One to Inspire Joy, Reflection & Gratitude.

The most common of human experiences is the loss of those we love. This unique free program creates the space for you to share and celebrate that common reality.

Facilitated by Danny Koffman, artist & author
for more info contact dan@koffman.net -or call- 360.348.6277

10AM at the CAMANO CENTER

Monday, Nov. 16th

Scam Prevention Using the S.C.A.M. Method

Scammers use urgency, authority and secrecy to trigger emotions that can override rational thinking.

S ***STOP.***
Pause entirely: Never transfer money, click links, or provide personal details on the spot. **Ignore pressure:** High-pressure tactics are immediate red flags.

C ***CHECK.***
Verify identities before taking any action. Look for inconsistencies, and use official channels. Be aware of AI voice impersonation.

A ***ASSESS.***
Evaluate your vulnerabilities to find out where fraud is most likely to hit. **Identify** weak spots such as oversharing on social media. Read up on how online data brokers use your information.

M ***MINIMIZE.***
Be proactive about reducing the damage if a scam or breach does happen. Limit data you share publicly, change passwords, freeze and/or monitor accounts.

Five common tactics scammers use to override rational thinking further is to target and exploit our human needs for *love, financial security, family protection, safety* and *purpose.* So remember to always **Stop, Check, Assess, and Minimize.**

REPORT FRAUD ONLINE
ReportFraud.ftc.gov

FREE GUIDANCE
AARP: 877-908-3360

Sources: DFPI, 'Six layers of protection from scams and fraud' (July 21, 2026)
AARP, '5 Emotional States Criminals Exploit to Perpetrate Fraud' (September 8, 2026

Programs, Services & Partnerships Helping Older Adults

Camano Friends Club

Camano Friends Club

Camano Friends Club is a joyful and welcoming place where people living with memory loss can connect, engage and enjoy meaningful time together.

Contact the Camano Center at 360-387-0222 to schedule a time to stop by for a visit to see if the Camano Friends Club is the right match for you and your family member.Club days are offered on Tuesday and Thursday - we currently have openings.

Visit or check our website for more information **here** or complete an inquiry form by clicking on the following link: **CAMANO FRIENDS CLUB**.

Contact the Camano Center (360) 387-0222 to schedule a time to stop by for a visit.






Camano Center

Medical Transportation Program

The Camano Center's Medical Transportation program is here to ensure you can get to the medical care you need. Our trusted volunteer drivers provide safe, reliable, free for people who may not have access to a car, live beyond regular bus routes, or need a little extra support getting to important medical appointments.

If you are an older adult, live alone, or simply need a dependable and friendly ride, this service is designed to help you maintain your health, independence, and peace of mind—at no cost to you.
You can also support this essential program by becoming a volunteer driver or contributing as a donor. Together, we help our community stay healthy—one ride at a time.



Contact Angie Bayley for more information or to register for the program.

(360) 387-0222

abayley@camanocenter.org

Foot Care Clinic

Provided by D & L Essential Services

Appointments are available on the 1st, 2nd, 4th Wednesdays at the Camano Center.

Fees are as follows:

$40 toenails

$10 fingernails

Checks accepted, cash preferred when possible.

Call to Schedule your Appointment

(360) 387-0222



Lynn & Donna

In Home Care Registry

Are you looking for some support in or around your home, or know someone else that is? Services for hire might include personal care, companionship, light housekeeping, meal preparation, medication management, transportation, home maintenance and much more!

Click **here** for more information and to view the list. It is available in person at the Camano Center front desk Monday through Friday 8 AM – 4 PM.



Camano Center *Medical Equipment Lending Program*



Camano Center loans certain types of medical equipment to residents experiencing a temporary or permanent disability. There is no check out system. If you see something you need, take it and bring it back whenever you are done using it.

Equipment Donations Welcome: We are always seeking donations of gently used durable medical equipment such as wheelchairs, walkers, crutches, canes, shower chairs and commodes.

Lending Closet Locations: 2nd Chance Thrift Shop, 1335 WA-532 or visit Camano Center, 606 Arrowhead Rd, Camano Island.

For more information call (360) 387-0222

A Friendly Call to Start Your Day **Morning Call Program**

The Camano Center's Morning Call Program is a free service designed for adults age 55 and older who live alone. Monday through Friday between 9:00 and 10:00 a.m., participants receive a friendly phone call from a Camano Center staff member or front desk volunteer.



These calls provide an opportunity to connect, enjoy a friendly conversation, and start the day with a caring voice. The Morning Call Program reflects our ongoing commitment to reducing social isolation and fostering meaningful connections among older adults in our community.

If you're interested in receiving a morning call, please contact the Camano Center at (360) 387-0222.

We look forward to helping you start your day with a friendly conversation!



SNOW GOOSE TRANSIT

Snow Goose Transit's mission is to provide safe and reliable transportation for our local community. We focus on older adults, low-income families, and people with other kinds of mobility limitations. We connect underserved members of our rural community to needed resources and services.

LET'S RIDE THE BUS!

360-629-7403 EXT. 101

snowgoose@lincolnhill-rc.org

7430 276th St NW Stanwood, WA

Fare-free Bus Service:

- Stanwood
- Camano Island
- Arlington
- Smokey Point

*Visit **snowgoosetransit.org** for more about us!*

Camano Center Coffee Connection

Members can connect and enjoy free coffee and tea at the Camano Center.

Monday through Friday
8 a.m.—2 p.m.

Stop by and relax in one of many seating areas. Read a book, work on a puzzle, or visit friends while enjoying a hot cup of coffee or tea at no charge. We look forward to seeing you!

Coffee Sponsor

Josephine
Caring Community
One Heart. Many Hands.



Camano Center Notary Services



Juliane Abbott & Bonnie Eckley

Call for an Appointment
(360) 387-0222



Bonnie Eckley and Juliane Abbott are providing notary services **free to *Camano Center members*** and to non-members *by donation*. Please provide at least 24 hours notice by scheduling an appointment.

Appointments are available, most days
Monday –Friday 9:00 a.m.—3:30 p.m.

Aging & Disability Resource Program Specialist at the Camano Center <u>every Wednesday.</u>

What types of things can the ADR specialist help me with?

<u>Here are some examples:</u>

- Applying for benefit programs like Medicaid, Medicare, Savings Programs, and Food Benefits
- Screening for In-home care services
- Referral to home delivered meals
- Information about local affordable housing
- Referrals to transportation services, caregiver support, and legal assistance
- Information on Medicare and referral to insurance specialists
- Local resources for housekeeping help and home maintenance programs
- Lists of local facilities including assisted living, adult family homes and skilled nursing.



Contact:
Paul Turner, NWRC ADR Specialist
Phone (360) 428-1309
Email: adrccamano@dshs.wa.gov

Sharing is Caring

Caregiver Support Group

Are you caring for someone with Alzheimer's or other forms of dementia? This support group meets once a month and is a great way to seek support from those who have the same concerns and challenges related to care giving for someone with cognitive or memory impairment.

The group meets the 3rd Wednesday of the month at 10:30 a.m. at the Camano Center. Caregivers may come with or without spouse or partner. There is no cost to participate.



Stanwood-Camano Food Bank Senior Serve

Senior Serve is a free appointment-based food distribution for anyone in need of food age 60+. sign up online before your first visit to the Food Bank. If you haven't visited the Food Bank in over a year or your household situation has changed, please fill out the sign up form again. Sign up for services here.

Yes, appointments are required for shopping at Senior Serve. If you do not have access to a computer or cell phone, you can sign up or schedule an appointments using the public computers at the local Sno-Isle Libraries, both in Stanwood and on Camano Island.



The Stanwood Camano Food Bank is located at 27030 102nd Ave NW, WA 98292

Open for Senior Serve every Thursday from 11 A. M. - 12 P.M.

Liquid Nutritional Supplement Ensure Plus

Eligibility

Doctor's prescription is required. Recipients must be age 60+ (or the spouse of person 60+); unable to shop for and/or prepare a full meal; and at risk for malnutrition.

Cost

Meals are provided "by-donation" and clients pay what they can. Donations are needed to keep the program running. Suggested donation $30/case of twenty-four.

How do I obtain Liquid Nutrition Supplements on Camano Island?

Contact Kendall Faragher, at the Camano Center at (360) 387-0222 for assistance.

You will need to provide a prescription from your doctor and complete an intake form.

Service provided in partnership with Island Senior Resources.



No one will be turned away because they cannot pay. Checks or cash are accepted; no debit/credit cards. For further information, call (360) 387-0222 or email Lars Wengren.

camanokitchen@islandseniorservices.org

Call Monday, Wednesday or Friday by 10 a.m. for Meals on Wheels changes or for meals to go.

If you would like more information on the Meals on Wheels program or to sign up for the first time, call Emily MacCormick, Meals on Wheels Assessor at (360) 672-6416.

Community Lunch is served
Monday, Wednesday & Friday
Please be seated by 11:45 a.m.

November Lunch Entree

Mon	2	Loaded Baked Potato
Wed	4	Chicken Dijon
Fri	6	Ham & Split Pea Soup
Mon	9	Broccoli Cheddar Soup
Wed	11	Veteran's Day Meal Service Closed
Fri	13	THANKSGIVING LUNCH
Mon	16	Chicken Strips & Potato Wedges
Wed	18	Cheeseburger
Fri	20	Grilled Chicken
Mon	23	Leek & Swiss Cheese Quiche
Wed	25	Chicken Curry
Fri	27	Meal Site Closed - Thanksgiving Holiday
Mon	30	Meatloaf w/Tomato Topping

Monday, Wednesday & Friday Community Lunch is prepared by Island Senior Resources in partnership with the Camano Center.



Meals on Wheels Information

Nutritious, well-balanced meals (that meet 1/3 of daily nutritional requirements for older adults) delivered to your home at noon by friendly volunteers. Provides essential human connection.

Client wellness checks provide information, resources, and a sense of security for family and loved ones.

For short-term and long-term needs. Delicious, healthy meals; most meals made from scratch; sugar free and gluten free meals available.
Recipients must be age 60+ (or the spouse of person 60+); unable to shop for and/or prepare a full meal; and at risk for malnutrition.

Meals are provided “by-donation” and clients pay what they can.

THANKSGIVING *Lunch*

RESERVATIONS REQUIRED

FRIDAY, NOVEMBER 13



SEATING BEGINS AT 11:30

SIGN UP AT THE FRONT DESK

Cost Is By Donation

The Volunteer Chore Program & Camano Helping Hands



Need a Little Help at Home?

The Volunteer Chore Program /Camano Helping Hands is a partnership between The Camano Center and Opportunity Council.

We coordinate FREE assistance, provided by trained volunteers, for low-income and isolated seniors and people with disabilities living on Camano Island.

How We Can Help

- Yard work & light outdoor tasks
- Grocery shopping & errands
- Rides to local appointments
- Light cleaning
- Friendly social visits
- Animal care
- Firewood provision & more

How to Apply

Contact:
Northwest Regional Council
Aging & Disability Resources
ADRCcamano@dshs.wa.gov
(360) 428-1309

Questions?

Call Angie Bayley at
360-387-0222 ext. 226

opportunity council

VOLUNTEER CHORE PROGRAM

CamanoCenter
Get connected.

One evening. Three important conversations.

Planning for What's Next

Practical guidance for retirement, protecting what matters, and supporting aging parents

You're planning for your own future—while perhaps helping aging parents navigate theirs or supporting adult children. Join us for an evening designed for adults in their 50s and 60s who are balancing retirement planning, family responsibilities, and decisions about what comes next.



Tuesday, November 3

5:00–6:30 pm ✦ Camano Center

606 Arrowhead Rd., Camano Island 360-387-0222

5:00–5:30 PM - Social Time

Enjoy wine, beer, light snacks, and conversation.

5:30–6:30 PM - Choose one presentation

(space is limited, pre-registration required, 21+ event)

CAN YOU AFFORD TO RETIRE?
Nate Greenland Financial Advisor, Edward Jones

Take a practical look at your retirement readiness, future expenses, and steps you can take now to prepare.

SMART PLANNING TO AVOID MISTAKES
Jim Dolan, Elder Law Attorney

Learn about key legal and financial decisions that can help protect you, your family, and what you've worked hard to build.

SUPPORTING AGING PARENTS: PLANNING BEFORE A CRISIS
Kelsey Lovik, Northwest Regional Council

Learn how to start important conversations, find support and resources, and make a plan before an urgent need arises.

RESERVE YOUR SPOT!
Choose your presentation when you register.

CamanoCenter
Get connected.

2NDCHANCETHRIFTSHOP.ORG

FALL into your new favorites

CAMANO CENTER'S 2ND CHANCE THRIFT



• clothing • decor •
books • linens
and **SO** much more!

CLOSED NOV
26th-27th

2nd ChanceThrift Shop
1335 St. Route 532
Camano Island, WA 98282

10:00AM -
4:00PM

Open Wednesday - Saturday
Donations Accepted: Thurs-Sat

Qigong
at the Camano Center



Qigong (pronouced "chee-gong") is a traditional Chinese practice that integrates breath, movement, and meditation to cultivate and balance the body's vital energy, known as Qi.

BODY FOCUS
balance, mobility, & strength

MINDFULNESS
Breathwork, nervous system resilence

WELL-BEING
Cognitive improvement, hormonal balance, lymphatic massage

FREE INTRODUCTION DEMOS
Mondays from 2pm-3pm

October 12, 19, & 26
November 2, 9, 16, 23, & 30
December 7, 14, 28

No registration required

CLASS STRUCTURE

10 MIN	10 MIN	5 MIN	20 MIN	10 MIN
Warm Up	Breath & Guided Mindfulness	Introduction to Movement	Movement & Closing Practice	Discussion & Questions

Class structure is fluid and easy. The entire practice is adaptable to a chair. Bring water for hydration. Wear comfortable clothing.

MORE INFORMATION

VOLUNTEER INSTRUCTOR

FRANCISCA
Radiant Lotus Qigong Level 2 Instructor
30 years of movement practice
10 years of teaching aging gracefully & livng well 65+

SCHEDULE

Regular classes 2 x per week will begin in 2027. Classes will be free to members and $5 per class for non-members.

Qigong is taught as education in self-care practice and is complementary to the advice, diagnosis and treatment plan from your primary care provider.



GET CONNECTED!

CAMANO CENTER MEMBERSHIP

Stay social, active, and inspired! Make new friends, explore shared interests, take a class, enjoy a wide variety of activities (most are free for our Members!) or attend one of our events. There's something exciting happening every day, don't miss out!



INDIVIDUAL ANNUAL MEMBERSHIPS

Everyone is welcome! ***Individual memberships are ONLY $30!*** Join online HERE, or simply call or visit the Camano Center to get started. (360) 387-0222
606 Arrowhead Road, Camano Island





ANNUAL BUSINESS & NONPROFIT MEMBERSHIPS

A simple and affordable membership plan - ***businesses are $150 and nonprofits $100***! Boost your visibility by displaying your marketing materials, while also featuring your business with a linked listing on our website and monthly newsletter and featured digital marketing. Join ONLINE today or call Juliane Abbott at (360) 387-1817 for more information.

www.camanocenter.org

If you are a new Camano Center Member joining for the first time, we would like to invite you to our new member lunch. New member lunches are typically scheduled for the 2nd Wednesday of each month.

Contact Juliane Abbott for more information.
jabbott@camanocenter.org

Welcome New Members



Left to Right: Francisca Vega, Sharon Anderson, James Anderson & Donna Graves

Business Members

Please support the business members that stand behind the Camano Center

Join Us and Sign up Today

A Better Solution Home Care
A Painter's Edge, Inc.
Badger Senior Services
BCI Construction
Beach & BlvdReal Estate
Beautiful Skin by Lynn & Co.
Bio Clean Inc.
Box of Good
Camano Animal Shelter Association (CASA)
Camano Arts Association (CAA)
Camano Chapel
Camano Hills Water Company, LLC
Camano Kerri – North48 Real Estate
Camano Stanwood Pickleball Association
Cascade Village at Smokey Point
Clear Line Care & Consulting
Coastal Community Bank
Crestview Adult Family Home
Designs Northwest Architects
Destinations by Melanie
Esary Roofing & Siding Co. Inc
Fieldstone Memory Care of Marysville
Friends of Camano Island Parks (FOCIP)
Gateway Motion Physical Therapy and Wellness
Good Knight Homes - North48 Real Estate
Hausmeister Home Services
Heritage Bank
Holbeck Construction & Design Inc.
Home Instead
Inspired Wellness
Island Harvest Farm
IslandRN Healthcare
Jan Mather – Camano Island Expert - Windermere
Jared Johnson – Edward Jones
Josephine at Home
Josephine Caring Community
Josh Kelley – Edward Jones
Law Office of Dale Wagner
Lenz Enterprises
MGM Flooring & Interiors, Inc.
MQ Gadgets - Gifts - Goodies
Nate Greenland – Edward Jones
North West Placement
Olson Plumbing
Our Legacy Fields
Pope Chiropractic
Right At Home
Safe Harbor Legal Solutions
Selz Property Care
Sheba's Love Adult Family Home 2
Shoebox Baking Company
SLM Financial Services
Stanwood Camano Arts Guild
Stanwood Cottage Adult Family Home
Stanwood Hearing
Stanwood Lions Club
The Camano Shop
USTA Martial Arts Camano Island
Vidor & Associates, Inc.
Windermere Real Estate

Join in and Connect with Others at the Camano Center

This schedule is subject to change. Please check the website calendar before you leave home.

The Camano Center offers a wide variety of daily, weekly, and monthly activities for our community. Group sizes may vary, space may be limited, and some activities may have additional participation requirements. Activities involving games played for money require a current Camano Center membership.

Most activities are free for current Camano Center members. Non-members are welcome to participate with a $5 activity fee, payable at the front desk during check-in.

Click on an activity title for participation details, requirements, and additional information, or visit our online calendar for the most current schedule.

Art & Sewing

Create with Friends

Mending Hearts Quilting Group
1st & 3rd Mon
8:00-12:00pm
Location: Craft Room
We bring crafters together to create quilts and comfort bags for children supported by local advocacy and relief programs. No sewing experience needed—friendly help and fabric for special projects provided. Bring supplies and sewing machine.

Group Manager: Betty Walsh
(714) 851-5250

All Medium Paint Group
Explore creativity with the All-Medium Paint Group at the Camano Center. Bring your own supplies and work in watercolor, acrylic, or mixed media in a relaxed, welcoming studio. Beginners and experienced artists welcome.

Group Manager: Kitty Tanji
425-985-1319 (text),
360-572-4123
dragoes@me.com

Tuesday Paint Group
Every Tue
8:00-11:00am
Location: Craft Room

Friday Paint Group
Every Fri
12:30-3:00pm
Location: Craft Room



Panel Quilting
4th Friday
12:30-3:00pm
Location: Craft Room
Panel quilting joins the Paint Group once a month on the 4th Friday.

Group Manager: Connie Shane
(425) 350-7461

Needle Works
Every Thu
9:00-11:00am
Location: Craft Room
Love working with fabric, yarn, and creativity? Join our welcoming group to quilt, knit, crochet, embroidery, and more.

Beginners and experienced crafters welcome. Bring a project or come for inspiration.

Group Manager: Mary Beckham
(360) 387-6958

Stanwood-Camano Hero Quilters
3rd Wed
10:30-3:00pm
Location: Craft Room
The Stanwood-Camano Hero Quilters make patriotic quilts for wounded soldiers. We have fabric & patterns available for those with sewing experience.
Group Manager: Sharon Szekely
sharonsseams2b@yahoo.com



Game Time
It's Your Move

Mahjong
Every Mon
9:00-12:00pm
Location: Education Room
A classic tile-based game that blends strategy, skill, and a bit of luck while offering a fun mental challenge and social connection. Players enjoy forming winning hands, lively conversation, and the rhythm of the tiles

Group Manager: Sherri Baker
(425) 593-0286

Pinochle
Every Mon
12:30-3:30pm
Location: Education Room
Join us for Pinochle, a lively card game combining strategy, skill, and social fun. Players bid, meld, and take tricks while enjoying friendly competition and teamwork. All skill levels are welcome.

Group Manager: Mary Rauch
(360) 387-1142

Dominoes
Every Tue
12:30-3:30pm
Location: Education Room
Join us —no experience needed! Beginners and experienced players alike will enjoy lighthearted competition, laughter, and great company. We play classic dominoes and Mexican Train. Stay mentally active while connecting with others in a fun, social setting.

Group Manager: Toni Hilt
(206) 949-1910

Cribbage
Every Tue
12:30-3:30pm
Location: Education Room
Looking for a fun, social, brain-boosting activity? Beginners and experienced players are welcome. Enjoy relaxed competition, great conversation, and connection with fellow members.

Group Manager: Al Kennedy
(530) 905-1948

Hand & Foot Canasta
Every Wed
12:30-3:30pm
Location: Education Room
It is a lively, team-based card game that combines strategy, teamwork, and friendly competition. Build card sets, work with your partner, and aim for high scores while enjoying great company. Easy to learn and welcoming to new players.

Group Manager: Pat Bass415) 283-7929

Duplicate Bridge
Every Thu
12:30-3:30pm
Location: Education Room
We play using the Standard American Bridge system. Players rotate tables and compare results from the same deals, creating a fair and engaging challenge. Enjoy strategic play and social connection in a supportive setting.

Group Manager: Mike Bloom
(425) 971-1379

Everyday Technology
Master your Devices

Tech Tips
Every Tue
10:00-12:00pm
Location: Library
Wanda is here to help you learn more about your Windows operating system, MS Word, Excel, and Outlook. General questions welcome. Sorry, no Macs or phones. Free to Camano Center members.

Remember to BRING YOUR LAPTOP!
Call the Camano Center (360) 387-0222.

Macbook and iPad/iPhone Tutoring
2nd & 4th Thu
1:00-2:30pm
Location: Library
Need help using your Mac laptop, iPad, or iPhone? All questions welcome!
These sessions are intended to help make the technology more useful to you.
Free to Camano Center Members

Email Joyce Lukaczer
fact@msdeadlines.com.

Making Music
Old Favorites & New Friends

Camano Ukulele Ensemble
Every Mon
1:00-3:00pm
Location: Craft Room
Join the Camano Ukulele Ensemble to strum, sing, and share the joy of music! Free for members with basic ukulele skills, this weekly group offers a fun, supportive environment to improve playing, perform for the community, and connect with fellow music lovers.

Group Manager: Val Schroeder: (360) 387-2236

Music Group
Every Tue
1:00-3:15pm
Location: Sundin Room
Sing, play, and enjoy! Join this lively acoustic group featuring vocal music with instrumental accompaniment. Styles include rock, folk, blues, bluegrass, country, jazz, show tunes, Hawaiian, and classical. Bring non-amplified instruments and an iPad for shared song files. All skill levels welcome.

Group Manager: Robin Widoff
(707) 312-1112.



Classic Country & Folk
Every Thu
1:00-3:00pm
Location: Jensen Room
Join this friendly Camano Center group to sing and play country and folk tunes! All levels welcome. Weekly jams include a short practice for the monthly performance. Bring your voice or instrument. Membership and weekly check-in required.

Group Manager: Lois Giles
(206) 235-3123

Cowboys Music Group
Every Fri
12:45-3:15pm
Location: Education Room

The group plays mostly country, folk, and country-rock classics with acoustic instruments; electric bass, one lead electric guitar, and drums are included. Songs rotate with a leader starting a warm up, then others lead from the group song list. Lyrics and chords are shared via PDF through Dropbox.

Group Manager: Jack Rensel
Interested? Check in at the front desk at 12:30 PM; music starts at 1 PM.

Share & Discover
Stories, Ideas & Experiences

Camano Center Lending Library
All Weekdays
8:00-4:00pm
Location: Library
The Camano Center has a cozy lending library for everyone to enjoy. Our volunteer librarians keep the shelves organized and filled with donated hardback fiction and nonfiction, so there's always something new waiting for you.

Friendship Tea
1st Tue
10:30-11:30am
Location: Education Room

Join us for tea, treats, and a nice visit with friends, both old and new.
Contact: Connie Johnson
(360) 652-7211

Turning Pages Book Club
1st Wed
2:30-3:30pm
Location: Jensen Room

We invite you to read, reflect, and connect. Each month, enjoy a thoughtfully selected book from the Sno-Isle Library followed by lively conversation with fellow readers. Share ideas and laughter.
Group Manager: Janet Penny
(360) 403-5502

Travel Talk
2nd Fri
10:00-12:00pm
Location: Jensen Room

A Camano Center member shares their trip—maybe a cruise, a European getaway, or a journey to somewhere totally unexpected—with a fun slideshow and great stories. Join us, whether you have stories to share or just want to listen.

Group Manager: Mark Kraus
(425) 503-9072

Get Active
Move with Confidence

Qigong for EveryBody
Demos Monday through December 2026
2:00-3:00pm
Location: Sundin Room

Introductory class demos! Everyone is welcome to try this new class demo for free through the end of December 2026!

Qigong will join our regular activity lineup in January 2027. Like all our activities, Qigong will be free for Camano Center members and the non-member fee will be $5 per class for non-members.

Group Manager/Volunteer Instructor: Francisca Vega
See the information flier on **page *31***.

Camano Fit & Steady
Camano Fit & Steady is a strength, balance, and flexibility fitness program for adults 65+ open to Camano Center Members. The one-hour class meets three days (Mon, Wed, Fri) $40/month or two days (Tue, Thu) $30/month each week and is led by certified instructor Traci Smith, who helps participants meet individual needs and set goals. Inquire at the front desk for information on class availability.

(8 A.M.) Camano Fit & Steady
Every Mon/Wed/Fri
8:00-9:00am
Location: Sundin Room

(9 A.M.) Camano Fit & Steady
Every Mon/Wed/Fri
9:00-10:00am
Location: Sundin Room

(10 A.M.) Camano Fit & Steady
Every Mon/Wed/Fri
10:00-11:00am
Location: Sundin Room

(9:15 A.M.) Camano Fit & Steady
Every Tue/Thu
9:15-10:15am
Location: Sundin Room

(10:15 A.M.) Camano Fit & Steady
Every Tue/Thu
10:15-11:15am
Location: Sundin Room

(11:15 A.M.) Camano Fit & Steady Level 1
Seated Class
Every Tue/Thu
11:15-12:15pm
Location: Sundin Room



Our Values

We behave with compassion, respect, and integrity. We foster an environment of inclusion and continuous growth. We act with a heart of service.

Our Vision

A community where older adults are empowered to live their lives to their fullest potential.

Our Mission

We support healthy aging, connection, and well-being for adults 55 and older.

Contact Us

606 Arrowhead Road
Camano Island, WA 98282

(360) 387-0222